



Canadian Institute of Traditional Chinese Medicine (CITCM)

Curriculum Synopsis – WE Integrated Massage Program & Year One of 2200 Hour Program

ACU/DTCM/WE Massage Courses	Credits	Hours
Year One Term One		
TCM Foundations	6	78
Anatomy & Physiology (1)	6	78
Surface Anatomy	4	52
Medical Terminology	1	13
Communication and Ethics (1)	1	13
Western Massage (1) Relaxation/Preparatory	4	52
Clinical Practice	2	28
Year One Term Two		
Acupoints and Meridian (1) ONLINE	4	52
Acupoints and Meridian Lab (1)	2	26
TCM Diagnostic Technique ONLINE	4	52
Anatomy & Physiology (2)	6	78
Ethics & Legal 2	1	13
Hydrotherapy ONLINE	2	26
Arthrology & Myology	4	52
Business Management 1	1	13
Western Massage (2) Therapeutic Massage	4	52
Clinical Practice	5	80
Year One Term Three		
Acupoints and Meridians (2) ONLINE	4	52
Acupoints and Meridians Lab (2)	2	26
Microbiology	2	26
TCM Differentiation ONLINE	4	52
Applied Kinesiology	4	52
Western Massage (3) Therapeutic	4	52
First Aid & CPR	1	15
Clinical Practice	5	80
Total hours for 1st year		1113



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Curriculum Synopsis –Year Two of 2200 Hour Program

Year Two Term One	Credits	Hours
Pathology (1)	4	52
Orthopedic Sport & Lab (1)	2	26
Tuina Massage Technique & Lab	4	52
Business Management (2)	2	26
Massage Research ONLINE	2	26
Advanced Massage (1)	4	52
Clinical Practice	5	80
Year Two Term Two		
Pathology (2)	2	26
Western Nutrition	2	26
Tuina Therapeutics & Lab	4	52
Communication and Ethics (3) ONLINE	2	26
Orthopedic Sport & Lab (2)	2	26
Advance Massage (2)	4	52
Advanced Massage (4) (THAI, SHIATSU, REFLEX)	4	52
Clinical Practice	5	80
Year Two Term Three		
Western Physical Assessment	4	52
TCM Preventative Medicine & Diet Therapy	3	39
Biomedicine Foundations	3	39
Western Lab Test Reading – ONLINE	2	26
Business Management 3 - ONLINE	2	26
Neurology	3	39
Advance Massage (3)	4	52
Ortho Sport Acupressure (3)	2	26
Clinical Practice	5	80
Clinical Practicum - offsite	4.5	60
Total Program Hours		2200