What is the WE Integrated Philosophy?

Our belief is that the blend of Western medical knowledge with Eastern healing wisdom, offers the best health practice.
We are very proud to announce that in 2021, CITCM became the first Branch College of Chengdu University of Traditional Chinese Medicine (CDUTCM) in North America! We are incredibly honored to be affiliated with one of the oldest and most prestigious TCM universities in China. This partnership will provide countless opportunities for CITCM students!
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Welcome Message from the Executive Director

I welcome you to study at CITCM, Canadian Branch College of Chengdu University of TCM (CBC-CDUTCM) where we take a leading edge and dynamic approach specializing in Complementary Healthcare education.

As you progress through the WE Integrated Orthopedic Massage Program, taught by some of the most accomplished professionals in the field, you will excel in one of the fastest growing professions in natural health care.

As society begins to understand the true benefits of natural healing and holistic lifestyles, more and more people are pursuing the treatments of massage, acupressure and Chinese nutrition that have been practiced for thousands of years. You can be at the forefront of this evolution utilizing the rich experience and knowledge you obtained at the CITCM into your future practices.

Come and enjoy CITCM, CBC-CDUTCM and experience learning the WE Integrated Orthopedic Massage Program in an energetic and educational environment in the incredible setting of the Canadian West.

Cheers, your exciting new career path and life journey is about to start.

Feel Essential. Make your Path. Enrich your Life.

Dr. Xia Cheng, MD (China), R.Ac., DTCM, Ph.D.
Executive Director of CITCM
About CITCM

CITCM was founded in 2004 with the vision of creating a quality education based solid academic foundations and the happiness that comes from the satisfaction of reaching out to and helping those in need.

The all-encompassing approach to natural healing is exemplified with the CITCM WE Integrated Orthopedic Massage diploma program. The foundation of the program is the therapeutic Western massage which is the fundamental requirement for a massage therapist to understand and practice professionally. At CITCM this ideal is taken many layers beyond the foundations offering an orthopedic understanding and an application of these Western scientific principles to allow for the massage therapist to apply cutting edge and modern orthopedic therapies and principles to the betterment of their treatments and satisfaction of their patients.

This practical understanding is further developed with the addition of the Eastern healing modalities of China, Japan, the Middle East, India, and the United States with the introduction to acupressure, cranial massage, reflexology, Shiatsu, and Thai massage. The result is a graduate practitioner who has a superior understanding of the Western massage therapeutic practices with the knowledge of application of Eastern healing modalities offering the most opportunity to successfully treat the conditions presented by all patients. Simply as a CITCM graduate you will be the best massage therapist you can possibly be.

The instructors for the WE Integrated Orthopedic massage program are professionals in their respective areas of expertise allowing for an incredibly qualified and well-rounded teaching cadre. This includes medical doctors, traditional Chinese medicine doctors and acupuncturists, academics with Ph.D. degrees, Shiatsu and Thai massage masters, and very experienced professional massage therapists.
CITCM offers several opportunities to study the WE Integrated Orthopedic Massage program. These are:

- The 2200 hours massage program leading to the professional designation of Registered Massage Therapist.
- The 1113 hours massage diploma which allows graduates to practice as a professional Relaxation Massage Therapist with a limited opportunity to be able to claim insurance benefits from patients which is the primary mode of massage income. This program is mainly for those who want to learn massage for personal betterment, who are looking to practice in a Spa only setting, or for international students who will be returning to their country of origin upon graduation.

For those students who are interested there is substantial opportunity for advanced credit towards other CITCM offered programs which includes:

- The 4-year Acupuncture diploma program.
- The 4-year Double Major Acupuncture/Doctor of Traditional Chinese Medicine diploma program.
- The Bachelor of Acupuncture & Moxabustion degree offered in cooperation with the Chengdu University of Traditional Chinese Medicine in Chengdu, China.

Please consult with the CITCM Registrar if you are interested in pursuing advanced education after graduation from the WE Integrated Orthopedic massage diploma program.

The opportunities for graduates of WE Integrated Orthopedic massage diploma program are exceptional and most of the second year’s students in the program have job offers waiting for them immediately upon graduation.
Facilities

Campus

CITCM is located at Two Executive Place, 300 1824 Crowchild Trail NW in the beautiful city of Calgary. The 10,000 square feet of space is home to a state-of-the-art campus which includes professional treatment rooms, classrooms, a massage room, a lounge with a balcony allowing a view of the Rocky Mountains, an herbal pharmacy, and a comfortable waiting room for patients and guests.

CITCM is a five-minute walk from McMahon Stadium and the University of Calgary is nearby. It is close to several major bus routes and the Banff Trail C-train station, a major shopping mall; parking is available off and on site.

Onsite and Offsite Clinics

Intern students can gain practical experience under the guidance of supervisors in a professional clinic both on onsite and offsite campus. Onsite clinic shifts are available several days a week between 4-8 hours a week.

Interns also have opportunities to work with patients gaining experience at our offsite community clinics as part of the learning and be able to contribute the time, skills, and knowledge to the Calgary’s most vulnerable.

Additional offsite massage practicums occur in the final terms, with many leading to future employment. Students can choose to do their practicum at their preferred clinic or at the clinic that collaborates with CITCM.

Onsite Clinic

CITCM Intern Clinic
#300, 1824 Crowchild Tr NW
https://citcm.janeapp.com/

Offsite Clinics

The Mustard Seed Calgary – Downtown Support Centre
102, 11 Ave SE, Calgary, AB T2G 0X5
http://www.theseed.ca/

Orthopaedic Massage Consultants
Suite #228, 4411 16 Ave NW, Calgary, AB T2T3W2
http://orthopaedicmassageconsultants.com/
About Dr. Cheng

Dr. Cheng earned her Bachelor’s Degree in TCM and Western Medicine in 1983 from the Hunan University of TCM. She did further study at Tianjin University of TCM, culminating in 1987 with a Master’s Degree in Medicine and Acupuncture. In 1990, she received her PhD in Medicine from the Chengdu University of TCM, with a specialty in Acupuncture and Chronomedicine.

Dr. Cheng worked as a professor at Beijing Union University TCM College, and Beijing Acupuncture College where she instructed foreign students. She has translated several publications and is a published author of several TCM works. Prior to immigrating to Canada, Dr. Cheng worked as visiting professor in Canada, Denmark and practiced in Luxembourg. Dr. Cheng has over 40 years of clinical experience as a physician, traditional Chinese medicine herbalist and acupuncturist with specialties in women’s health, digestive and neurological disorders.

Dr. Cheng is currently the Director of the BodyMind Synergy Health Centre and she is an active participant in the process of regulating TCM in Alberta. She also teaches courses on TCM to medical professionals and offers public education workshops on TCM. In September 2004, her long-time dream of opening a school of TCM was realized with the opening of CITCM, which she is proud to be the Executive Director.

Mission Statement

At CITCM, we train and educate highly skilled Acupuncturists, Traditional Chinese Medicine doctors, and Massage Therapists utilizing a superior learning environment with experienced, enthusiastic, and knowledgeable professionals.

We promote the integration of eastern medicine with western medicine. We strive to treat patient illness and maintain health through natural medicine and to educate society to understand and view the body, mind and spirit as a whole.
WE (Western & Eastern) Integrated Philosophy

The CITCM unique programs integrate Western and Eastern knowledge of healthcare for an enriched learning experience.

The WE Philosophy Promotes

- That to be aware of our own health and lead a lifestyle that fosters and supports our own wellbeing, paired with a willingness to help others is as important and integral to our success in this health care field, as our knowledge and skills;
- Understanding the philosophy of Orthopedic principles combined with the foundational knowledge of Acupressure, Chinese Medicine, and Eastern healing methods is fundamental in that its framework is our guiding principle towards understanding the individual, both physiologically and psychologically;
- This deeper understanding of WE Philosophy allows the practitioner to determine the best strategies to assist and promote the body’s natural healing process;
- Wellness means achieving harmony in the health of the body, mind, and spirit. All are interrelated and to restore health in all three is essential for total wellness.

Why We Teach WE Integrated Massage

WESTERN modalities, current medical and scientific research and innovations in health and wellness are essential components of holistic client care. The integration of EASTERN therapies incorporates the knowledge of harmonizing essential elements throughout the body.

Massage, as an ancient therapeutic bodywork method, has been used successfully for thousands of years to treat a wide variety of illnesses. You receive additional skills and knowledge to make you a better massage therapist.

Make your resume standout by listing your Eastern abilities in addition to your Western capabilities. As a health practitioner, more skills equal more success.
Compassionate Care
The WE Integrated Philosophy develops each student’s intrinsic ability to help the body heal. Based on loving kindness, CITCM believes that it is the individual that makes the difference in lives. The key to offering superior client care is beholding client care with the innate intention to make him or her better. Guidance to inner peace through Eastern healing wisdom and balancing arts assists students to deliver personalized compassionate treatments.

WE Integrated Orthopedic Massage Program Offers

- Orthopedic Sport Medicine
- Therapeutic Massage
- Swedish Massage
- Tissue Rejuvenation
- Pediatric Care
- Biomedicine Foundations
- Nutrition & Healing Foods
- Eastern Medicine Foundations
- Acupressure
- Gua Sha
- Cupping
- Tui Na
- Meridian Therapy
- Kinesiology

Holistic Approach
The WE Integrated Orthopedic Massage Program provides the groundwork and knowledge to create a clear picture for treatment of your client’s health related conditions and concerns. CITCM’s Fulfilled Learning program gives you more than a massage education, it gives skills for lifelong learning.

Health, Happiness, Harmony
The WE Integrated Orthopedic Massage Program follows the principles of the 3H’s: Health, Happiness and Harmony. This is an integrated lifelong practice of attaining optimal health by reducing illness and increasing strength through activity and nutrition.

Harmony is found through balancing wants and needs; work and rest; desire and contentedness. When you have harmonized your inner peace with your physical body and spirit, then you can truly be happy. Happiness is the acceptance of one-self and of others and releasing expectations of what life offers. Recognizing that happiness comes from health and harmony, just as harmony comes from happiness and health.

When you live using these values, then you can share the 3H principles as a holistic health practitioner.
Advantages of WE Integrated Massage

- WE Philosophy guided education and learning experience
- Deliver compassionate, well-rounded care
- Weekday classes for core academic schedule
- Massage Modules condensed into shorter time on some Saturdays
- Learn from experts in Massage, Acupuncture, TCM and other complementary health care fields
- Practicum opportunities to promote employment
- Transfer credits into the Acupuncture and Traditional Chinese Medicine program
- Outstanding herbal nutrition and food therapy curriculum
- Practical business training and career planning assistance
- Professionally trained and/or university educated instructors
- Continued alumni support after graduation.

Focus on Student Success
We asked our students what they liked about CITCM...
- “The small practical class size that allows for more one on one learning and discussion.”
- “Instructors are easy to approach and willing to help if you have any problem.”
- “Great teachers who show a strong interest in students doing well.”
- “Very knowledgeable instructors who share their experience.”
- “Great classmates.”
- “Online access to lecture notes and practice quizzes.”
- “The clinic is located within the school.”
- “Students are learning as well as having some fun at the same time.”
- “Positive learning environment.”
- “A rigorous program with a relaxed atmosphere.”

Student E-Resource
This interactive multimedia system includes: class power point, class notes, question banks, case studies, video clips, discussion forums and many other resources to help students in their study. It provides an online route for students to communicate with instructors and access class information.
You are Fully Prepared.

- CITCM students begin their clinical practice in the second semester and continue practicing until graduation.
- Students gain the confidence to diagnose and treat independently from the clinic training and mentorship experiences.
- CITCM offers business management training so that you are ready to setup your own practice when you graduate.

Team and Individual Learning
Small class sizes allow for more focus of hands-on training, as well as one-on-one interaction with teachers. Throughout the program, the goal is to empower students to establish a life-long learning style and optimum professional competency.

Personal Growth
At CITCM you get more than an education, you get a way of life through mentorship, collaboration and learning different perspectives. CITCM students receive essential skills to fulfill their mind, body, and soul.

Everyone is welcome: The diverse backgrounds of the students and instructors bring enlightenment to nutrition, exercise, relaxation, inner peace, relationships and understanding of their surroundings.

Family and friends: Support is an integral part of your growth and happiness, CITCM encourages a school/life balance.

Fulfilled Learning: The world around you is your classroom and continuous learning and growing is a way of life.

Full circle: Practicing complementary healthcare modalities not only enriches your life but also the people that surround you.
WE Integrated Orthopedic Massage Programs

The 2200 hours WE Integrated Orthopedic Massage Therapy diploma program is a unique and comprehensive approach to massage therapy. The program is two years in length which is consistent with the standard massage education requirements within the industry.

The typical massage practitioner is one who is intuitive and with good hand skills, however there are so many philosophical approaches to the teaching of massage that the practitioner tends to combine various ideological principles when deciding how best to manage the client. Orthopedic assessment is a non-invasive protocol designed to identify most musculoskeletal dysfunction and to accurately monitor the treatment progress of the client. This makes the study of orthopedic Assessment, paramount to any massage training program. The importance of correctly identifying possible dysfunction and screening for in case of contraindication to the application of massage therapy cannot be underestimated.

The CITCM massage training program provides:

- An intense hand on approach
- Smaller class sizes
- One on one personalized tutoring
- Better curriculum timetable

The instruction faculty has one of the highest trained and experienced instructors in the field of massage therapy. The learning environment is user friendly and accommodating with a state of the art study space.

The WE Integrated Orthopedic Massage Therapy program also has a 1 year (1113 hours) which gives the foundations of massage and allows students to practice and be licenced within the City of Calgary. Note, that many insurance companies require an RMT to have 2200 hours of training to be eligible to submit claims for insurance benefits.

The We Integrated Orthopedic Massage Therapy diploma teaches a method of practice that is unique to the CITCM College of Massage by merging the best practices of both Western orthopedics/therapeutics and Eastern massage principles of acupressure and other non-intrusive elements of TCM such as cupping and Gua Sha. Graduates of the two-year program will have a range of desired skills and are sought after in industry. Our program has a 100% employment history for the 2200 hr program.

CITCM and the WE Integrated Orthopedic Massage Programs are licensed by Alberta Advanced Education and recognized by one of the largest associations: the National Health Practitioners of Canada (NHPC).
WE Integrated Orthopedic Massage Programs (1 year and 2 year)

Registered Massage Therapist—Integrated, Therapeutic, more than Pain Relief.

Massage therapy alleviates pain, reduces stress, boosts immunity, and soothes the mind. At CITCM, you get more practical time than screen time. You get to know the human body by massaging it, not just reading. Applying over 400 hours of patient contact time, with traditional learning in a small classroom setting, you receive one-on-one instructional time with experts in the field, including the opportunity to study orthopedic massage.

Western orthopedic massage supported by scientific theories in anatomy, physiology, pathology, and professional massage techniques. Additionally, Eastern medicine and acupuncture theories, acupressure, basic and advanced Eastern massage techniques and modalities from Thai massage, Shiatsu, Reflexology and Cranial massage are introduced, studied, and applied to the treatment protocols. There are three primary focuses within the program.

1. Therapeutic

Therapeutic Massage is increasingly an integral part of patient treatment. CITCM’s Western/Eastern Orthopedic approach give students the best modalities to treat chronic illness, pain, and injury.

Rehabilitation

Rehabilitation teachings have an emphasis on reducing pain caused from outside forces such as motor vehicle accidents, slips and falls, and repetitive strain disorders.

- **Western Practices:** Orthopedic Massage Techniques like Deep Friction massage
- **Eastern Modalities:** Acupressure and Meridian healing

Sports Recovery

Sport Recovery is assisting recreational and professional sport athletes to recuperate from injury and strenuous physical activity.

- **Western Practices:** Orthopedic Massage Techniques
- **Eastern Modalities:** Gua Sha, Tuina, Acupressure, Cupping

Clinical

Clinical Care focuses on internal and systemic issues such as muscular injury, strains, pulls, arthritis, misalignment, and tension causing chronic pain and discomfort.

- **Western Practices:** Orthopedic Massage Techniques, laboratory test reading, Hydrotherapy and Manual Lymph Drainage
- **Eastern Modalities:** Open meridians and remove obstructions and stagnation with Eastern modalities including Cupping, Gua Sha, Acupressure
2. Relaxation

Massage is well known for its relaxation application. CITCM’s Western and Eastern methods offer the ultimate in calm, aesthetics and tranquility.

Calming Massage

Calming Massage teachings emphasis is on letting go of tension caused by outside pressures such as work, family, and commitments.

- **Western Practices:** Soft Friction, and Hot-stone therapy
- **Eastern Modalities:** Cupping, Gua Sha, Tuina, Five Element theory

Aesthetic

Your facial rejuvenation skills give clients a youthful radiant look, while restoring mental alertness with a calm spirit.

- **Western Practices:** Facial massage, Natural exfoliation techniques
- **Eastern Modalities:** Opening the Sky Acupressure techniques

Tranquility

Stress reduction for busy executives and couples to get-away, decompress and refocus.

- **Western Practices:** Hot Stone therapy and Swedish massage
- **Eastern Modalities:** Five-element Music, Five Element theory, Reflexology
3. Revitalization

Revitalization follows a holistic approach to health and wellness. CITCM’s Western and Eastern Integrated Orthopedic massage program develops harmony, which includes rejuvenation, holistic practices, and nutrition.

Rejuvenation

Rejuvenation massage teachings focus on replenishing the body, mind and soul to increase patient’s immunity and energy.

- **Western Practices**: Reflexology, Nutrition building blocks
- **Eastern Modalities**: Tonification methods, Acupressure and Meditation

Holistic Practice

Provide life changing services, such as being grounded, embracing emptiness to sharpen the mind, and centering yourself.

- **Western Practices**: Reflexology and Swedish massage practices
- **Eastern Modalities**: Meridian and Shiatsu Massage

Nutritional Therapy

Nutrition therapy, guided by teachings of western nutrition to fuel the body is combined with eastern wisdom using foods and herbal knowledge that assist the body in self-repair.

- **Western Practices**: Replenishment with Nutritional Components
- **Eastern Modalities**: Healing Properties of Foods
Admission and Application

Admission Requirements

To be eligible for admission into CITCM, all applicants must meet the following criteria:

- Students must be 18 years of age by the end of the first year of study;
- Proof of secondary school diploma, equivalent, or post-secondary education must be provided;
- A successful interview with the Director or the Registrar to discuss why you would like to attend the school. The purpose of this interview is to educate the student as to what can be expected while attending CITCM as well as to determine the interest of the student in studying Acupuncture, Traditional Chinese Medicine and/or Massage Therapy; and
- The student must be proficient in both written and spoken English. If English is not the applicant’s native language, the applicant may be required to demonstrate both written and oral proficiency in English either by demonstrating ability to study in English to the Registrar or Executive Director of the Institute or submitting proof of passing score on an ESL exam such as the TOEFL exam or the IELTS exam.

Foreign Students must receive a student visa to study at the CITCM. As CITCM is a Designated Learning Institution by Immigration, Refugees, and Citizenship Canada (IRCC), students accepted by CITCM are eligible to apply for a student visa issued by the Canadian federal government.

All students are evaluated individually and, as such, the above policies (except the student visa) may be waived or altered on a case-by-case basis.

Application Checklist

- Completed Application Form
- One recent headshot photo (2 x 2 inches)
- Official high school transcript, Official transcripts of all post-secondary educational institutions attended if applicable
- Two referral letters
- Updated personal resume
- A letter of intent

Transfer Students & Transcript Assessment (Transfer Credit)

If you have previously completed education at an accredited post-secondary institution, you can apply to have your past course work assessed. This assessment service is offered to all CITCM students for a fee. To be considered, the following criteria must be met:

- Previous grades must be 60% or better.
- All relevant courses must have been completed within the past 7 years (addressed on a case-by-case basis pending relevant professional or work-related experience that may exist)
- Course credit hours are at least equivalent to CITCM courses.
- Course curriculum must be 75% of the required hours matched to CITCM courses.
- Detailed course syllabus and learning outcomes from your previous institution.
- CITCM has a 50% residency rate. Applicants can request credit transfer for up to 50% of any CITCM program. The remaining 50% must be taken at CITCM to qualify for graduation.

When submitting foreign documentation for transfer credit evaluation, please provide transcripts and the detailed course outlines translated to English by an official translator.
Application Submission

Completed application packages can be submitted to:

Canadian Institute of Traditional Chinese Medicine
Two Executive Place, #300 -1824 Crowchild Trail NW, Calgary, Alberta, T2M 3Y7

- Applicants may be contacted to schedule an interview. The interview may be in person or by phone if she/he is from out of town or country. An acceptance letter will be sent to successful applicants for official enrollment.

- A $500.00 registration deposit is required to reserve admission and is payable within 14 days of receiving notification of acceptance. The $500.00 registration deposit paid with the signed student contract. The $500.00 registration deposit will be applied to total tuition owing.

- **Note**: The $500.00 registration deposit is forfeited if the applicant withdraws after reserving the admission, if longer than four business days have passed from the signing of the student contract, whether classes have commenced or not.

- Private Vocational Training Regulations related to tuition, registration fees and refunds are excerpted below. Please see the complete document at the following link. [http://www.qp.alberta.ca/documents/ Regs/2003_341.pdf](http://www.qp.alberta.ca/documents/ Regs/2003_341.pdf)
International Students

CITCM welcomes international students to study and experience exceptional learning at our college under one or more of the following programs:

- The Acupuncture Diploma Program
- The Double Major Diploma Program (Acupuncture & DTCM)
- Double Major Plus (Acupuncture & DTCM plus 2200-Hour WE Integrated Orthopedic Massage Diploma)
- The Bachelor’s degree of Acupuncture in cooperation with the Chengdu University of Traditional Chinese Medicine in China
- WE Integrated Orthopedic Massage Therapy, both 1113-hour and a 2200-hour programs, utilizing the Integrated Western and Eastern (WE) philosophies and methodologies

All CITCM programs are Designated Learning Programs and are therefore eligible to enroll foreign nationals on a study permit. We encourage all international students to apply as CITCM believes that having students from all countries and cultures can only benefit and enrich both the student and the college.

**CITCM is a Designated Learning Institution in Canada (DLI No: O19256722732)**

CITCM is a Designated Learning Institution as of June 1st, 2014. International students have several advantages to attending CITCM to study massage, acupuncture, or traditional Chinese medicine. In addition to exceptional education a foreign student will normally:

- Be able to work up to 20 hours per week off campus while studying at CITCM with a valid study permit;
- Be able to have provincial health care coverage while studying at CITCM;
- Pay the same tuition as Canadian students;

**International Student Application**

**1. Date of the Application Deadline**

Our programs start every September. International students are advised to apply **at least 6 months before** to allow sufficient time for application acceptance and study permit process.

**2. Meet the admission requirements and Language Proficiency Requirements**

English is the language of instruction in all programs at CITCM. All international students must meet the admissions requirements outlined in the Admissions section of the CITCM Student Handbook and meet the required English Language Proficiency requirement. To enable academic success all international student applicants are required to demonstrate communicative proficiency in the English language prior to admission acceptance at CITCM. To satisfy this, a student may need to provide one of the following:

- A TOEFL IBT score of 72 or higher with a minimum of 18 in each skill/category on the internet-based test. English Language Arts 30-1 equivalency.
- An IELTS score of 6.0 in each skill/category or higher. English Language Arts 30-1 equivalency.
- Successful completion of English, with a minimum course mark of 60%, including a minimum of three years of education at an English-speaking Canadian school or at a recognized International English-speaking school.
• Completion with a minimum course mark of 60% from post-secondary English or Communications course, including a minimum of three years of education at an English-speaking Canadian School or at a recognized International English-speaking school.
• A minimum score of 7 in Canadian Language Benchmarks Assessment (CLBA). The CLBA measures English proficiency in Listening, Speaking, Reading, and Writing.

3. Prepare your finances.

The financial requirements of Immigration, Refugees, and Citizenship Canada (IRCC) must be met in all cases for International Students.

4. Prepare your application documents.

Documents to be included in the application package:

• A Completed Application Form
• Copies of official transcript and diploma certificate of high school and post-secondary (if any)
• Letter of Intent (describing why you would like to study Acupuncture/TCM/Massage at CITCM)
• Two Letters of Reference
• 2 recent passport photographs (3 cm x 4 cm)
• Documents that are not in English must be accompanied by an official English translation.

Please do not send your original documents to CITCM (transcripts and diploma certificates). Once you are admitted, you will be asked to submit the official transcripts.

5. Application for a student visa.

If you are not a Canadian citizen or a permanent resident of Canada, you will require a study permit. Please check IRCC website about the requirements, eligibility, and processing time. Please include CITCM DLI number in your study permit application as required by IRCC.
Tuition

$10,600 per academic year for the fulltime WE Integrated Orthopedic Massage Program.

- Part-time Student fees are $210.00 per credit for each course.
- Transfer credit fee of $50-100/course. If approved, tuition will be deducted for the course. See transfer credit policy for more details. Credit transfer application deadline: July 31, 2022

*There is no tuition increase once the student enters the program.*

The tuition includes the following services:

- Quality instructional and clinical curriculum delivery;
- 24/7 online study support system; and
- Offsite practicum coordination.

_Private Vocational Training Regulations_ related to tuition, registration fees and refunds are excerpted below. Please see the complete document at the following link. [http://www qp alberta ca/documents/Regs/2003_341.pdf](http://www.qp.alberta.ca/documents/Regs/2003_341.pdf)

*We are confident that CITCM brings the most value for your tuition.*

Call 403.520.5258  Register Now
Curriculum Synopsis

Massage Diploma Program (Year 1 & 2)

- Anatomy & Physiology (1 & 2)
- Surface Anatomy
- Medical Terminology
- Ethics & Communications (1, 2, 3)
- Arthrology & Myology (1 & 2)
- Hydrotherapy
- Western Massage (1, 2, 3)
- Applied Kinesiology
- Orthopedic Foundation - Assessment
- Orthopedic Foundation - Treatment
- Advanced Massage (1, 2, 3)
- Sport Massage
- Business Management (1, 2, 3)
- Massage Research
- Pathology
- Western Nutrition
- Biomedicine (1 & 2)
- Neurology
- First Aid & CPR Level C
- TCM Foundations
- Eastern Massage (Cupping, Guasha, Thai, Shiatsu, etc) (1 & 2)
- Tui Na Massage
- TCM Preventative Medicine & Diet Therapy
- Clinical Practicum
- Outreach Clinical Practicum

Curriculum information subject to change

The majority of theory courses are offered online to allow our students to learn at their own pace. Students have full support from CITCM instructors and administration for their success in the program, through the estudy website, online course materials (PPTs, quizzes, assignments), lecture videos, class forums, email communications, and much more.

Practical classes are delivered onsite by our knowledgeable and experienced instructors. With the onsite class schedule is set typically at 2-3 days a week, CITCM students has a lot of flexibility to manage their time for work, family, and study outside campus.
Faculty

Our senior instructors in Traditional Chinese Medicine and Acupuncture hold Master’s or Ph.D. degrees. Other instructors are usually doctors or other highly achieved professionals who bring exceptional experience to the curriculum rounding out our desire to implement, incorporate and integrate a traditional Chinese medicine philosophy with Western medical techniques and knowledge.

Dr. Xia Cheng
MD (China) PhD, DTCM, R.Ac.

Dr. Lanre Salami
M.B.B.S., RMT

Dr. Jiao Huang
M.Sc., DTCM, R.Ac.

Dr. Juan Wang
M.Sc., DTCM, R.Ac.

Dr. Juan Guo
DTCM, R.Ac., Ph.D.

Dr. Min Shi
RMT, DTCM, R.Ac.

Dr. Bairu Wang
DTCM, R.Ac.

Jackie St.George-Rennie
B.M.R.(PT), R.Ac.

Dr. Janice Patterson
B.Sc., M.Sc., DTCM, R.Ac.

Dr. Allan Fradsham
DTCM, R.Ac.

Kathy Traptow

Dr. Gail Maguire
B.Sc., N.D.

Dr. Hue Hoang
R.Ac., RMT

Dr. Rahim Moledina
ND

Dr. Punam Chohan
M.D., MSc, RMT, CHNC

Dr. Min Gao
M.D. (China)

Dr. Skye Teng
DTCM, R.Ac.

Dr. Kristi-Lynn Mitchel
RMT

Ricardo Guerrero
RMT

Ricky Man
Qi Gong Master

Fraser Dobson
B.A., RMT

Amber Bridges
RMT

Dr. Meena Lail
B.Sc., M.D.

Dr. Amanda Gillette
DTCM, R.Ac.

David Genert
RMT
Administration

Executive Director and Dean of Academics
Dr. Xia Cheng, PhD, MD (China), DTCM, R.Ac.
Email: dr.cheng@citcm.com

Student Services Co-ordinator
Kathy Traptow, BPHE, B.Ed, R.Ac
Email: kathy.traptow@citcm.com

Registrar
Ken Barrett, MBA
Email: registrar@citcm.com

Program/Office Manager
Mewah Susana, B.Mngt
Email: mewah.susana@citcm.com

Assistant to the Dean of Academics
Dr. Skye Teng, B. Eng., DTCM, R.Ac.
Email: clinic.ta@citcm.com

Receptionist
Cherry Prado, B.Acc.
Email: cherry.prado@citcm.com

Advisory Board

CITCM has an advisory board composed of faculty, staff and interested members of the public.

The Board members are committed to the College’s philosophies, goals and helps to oversee the College’s operations.

The advisory board members serve voluntarily and are an important part of the College’s mission.

- Dr. Lanre Salami, MBBS, RMT
- Dr. Craig Young, B.Sc., DDS, C.M.Ac., Dentist
- Dr. Neetash Patel, B.Sc., D.C., Chiropractor
- Lars Gustafsson, B.Sc., Nutritionist, Entrepreneur
CITCM & WE Care Intern Clinic

is a partner with BodyMind Synergy Health Centre & Wholehealth Therapeutic Centre.

The CITCM Intern clinic offers the unique opportunity for advanced students to practice Acupuncture, Traditional Chinese Medicine, and WE Integrated Massage Therapy. The Interns are supervised by experienced Doctors of Acupuncture and Registered Massage Therapist.

This is an excellent opportunity for family and friends to experience your learning progress and achievement. Services offered are including acupuncture treatment, herbal prescriptions, wellness consultation, cupping, moxabustion, relaxation or orthopedic/therapeutic massage, tuina, shiatsu, acupressure, thai massage.

Services:
- Relaxation Massage
- Orthopedic Assessment & Massage
- Therapeutic Massage
- Acupuncture Treatments
- Herbal Consultation & Prescription
  - Hot Stones
  - Cupping
  - Reflexiology
  - Guasha
  - Moxabustion

Call for hours and more information

403.520.5258

Or book online: [https://citcm.janeapp.com/](https://citcm.janeapp.com/) or [wecareclinic.janeapp.com](wecareclinic.janeapp.com)
Frequently Asked Questions

What should I know about the massage industry?
Massage therapy is a rapidly growing profession. Skilled massage therapists are in high demand. Healthy lifestyles are becoming the societal norm and the interest in natural health care is developing in a similar fashion. Massage therapy is a component of this shift to wellness. People are seeking ways to eliminate pain and stress from their lives, speed up recovery from injuries, or even increase their flexibility.

You should expect to see 4 to 6 patients a day and often you will have the opportunity to schedule your appointments around your availability. Many massage therapists come from other career paths such as business, engineering, or Western health care to move away from the stress or travelling of one job to a career in massage with the emphasizes of balance and peace.

What certification will I have on completion of the program?
The WE Integrated Orthopedic Massage Program is accredited by National Health Practitioners of Canada (NHPC). Graduates of the 1113 Hour (one year) and 2200 Hour (two year) WE Integrated Orthopedic Massage programs can register under the discipline of massage therapist.

Where do Massage Therapists work?
Massage therapists work in many different environments, including:
- Massage clinics, including their own
- Multi-disciplinary health care facilities, such as chiropractic or acupuncture clinics;
- Sports clubs, spas, resorts, gyms, and hotels;
- Industrial or corporate work sites;
- Sports therapy centres;
- Cruise ships.

What type of income can I expect to make as a Massage Therapist?
As a massage professional you can expect to earn between $60 and $100 per hour, while working in a positive, low stress environment.

CITCM started as an Acupuncture school, will I learn Acupuncture too?
No. Acupuncture is a regulated profession and at CITCM this program is four years in length. Following the Western and Eastern integrated philosophy there are other courses that are directly related to Acupuncture and TCM theory but have been modified to facilitate application into a massage theory and treatment protocol. This was done to offer students who are focused on learning and practicing massage to still have the benefits of the Eastern healing theories without the extensive and in depth studying of TCM. Please see the CITCM Registrar for further details.

For those students who would like to study massage, acupuncture, and traditional Chinese medicine they are encouraged to enroll in the Double Major Plus program. This allows a student to graduate with three diplomas:
- Acupuncture
- Traditional Chinese Medicine
- WE Integrated Orthopedic Massage

Please see the CITCM Registrar for further details on enrolling in this program.
Register Today
Call 403.520.5258

Contact CITCM Registrar
1-403-520-5258 (P) registrar@citcm.com (E)

Online and E-Mail
Visit us at: www.citcm.com E-mail us at: info@citcm.com
Application forms are available online

Mail or in-person
Canadian Institute of Traditional Chinese Medicine
Two Executive Place, 300 - 1824 Crowchild Trail NW
Calgary, AB T2M 3Y7

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