

## **Acupuncture Certification for Medical Professionals (ACMP)**

(A Medical Acupuncture Certificate Program at CITCM / CBC-CDUTCM)

### **1. Overview**

The ACMP is a specialized training program designed to provide medical professionals and practitioners such as physicians, naturopathic doctors, chiropractors, dentists, physiotherapists, or any other regulated health practitioners with the knowledge and skills to integrate conventional and complementary treatment modalities, especially acupuncture, into their clinical practice.

Acupuncture is one of natural and holistic approaches in Traditional Chinese Medicine (TCM) that involves inserting thin needles into specific points (acupoints) on the body to stimulate the flow of energy and promote natural healing. It has been used effectively as a therapy for various disorders in China for thousands of years. In recent years, acupuncture has also gained popularity as a complementary treatment option for a variety of health conditions around the world. [The World Health Organization](#) has identified that acupuncture is effective for a wide range of clinical conditions.

The ACMP is organized and delivered by the Canadian Institute of Traditional Chinese Medicine ([CITCM](#)) / Canadian Branch College of Chengdu University of Traditional Chinese Medicine ([CBC-CDUTCM](#)).

The CITCM, is an approved vocational training in Calgary, Alberta since 2004 through the Ministry of Education Private Career College and our acupuncture program is also approved by the College of Acupuncturists of Alberta (CAA).

By delivering comprehensive curriculum and over 1380 hours of clinic training, CITCM aims to train highly skilled Doctors of acupuncture, TCM practitioners, and massage therapists to treat patients' illness and maintain their health through natural medicine, and to educate society to understand and view the body, mind, and spirit as holism. By promoting the integration of TCM with Western Medicine, CITCM provides innumerable opportunities for students to practice on a variety of clinical conditions, and to build their clinic confidence and experience furthermore through learning abroad in a hospital setting under successful professors and senior doctors.

As the Canadian Branch College of Chengdu University of Traditional Chinese Medicine (CBC-CDUTCM), CITCM collaborates with Chengdu University of Traditional Chinese Medicine (CDUTCM) in offering bachelor's degree of Acupuncture & Moxibustion.

CDUTCM, founded in 1956, is one of the four earliest established institutions of higher learning of TCM approved by the State Council of China. CDUTCM is among the first group of universities eligible to award master and PhD degrees for Chinese medicine in China. The branch of Acupuncture and Tuina began in 1956 and has become one of the four national key disciplines in CDUTCM.

In the past 10 years, CDUTCM has conducted a total of 135 national, provincial, and ministerial research projects, with fundings over 270 million RMB.

CDUTCM has 6 directly affiliated hospitals, 17 non-directly affiliated hospitals, 28 teaching hospitals and 36 internship bases. Among of them, Affiliated Hospital of CDUTCM (Sichuan Provincial Chinese Medicine Hospital) is the State Clinical Chinese Medicine Research Base (Diabetes), conferred by National Development and Reform Commission and the State Administration of TCM of China.

This program provides a valuable opportunity for naturopathic doctors, chiropractors, dentists, physiotherapists, or any other regulated medical professionals and practitioners to incorporate acupuncture techniques into their existing practice and offer patients a wider range of natural healing options with more holistic care.

## 2. Goals and objectives

To facilitate the growing demand of using natural and holistic therapies to promote the body's innate healing and wellness.

To provide the natural healing knowledge and practical skills of TCM/acupuncture (prevention, treatment, patient education, etc.) needed to incorporate into the existing practice.

To offer participants the opportunity to learn a wider range of natural healing modalities that they can offer to their patients.

## 3. Participants

Medical professionals and practitioners such as physicians, naturopathic doctors, chiropractors, dentists, physiotherapists, or any other regulated health practitioners who are interested in the integration of conventional and complementary practice, especially Acupuncture in Traditional Chinese Medicine (TCM) into their existing practice.

## 4. Program Time

- The program will begin in the Fall 2024 Semester (10-12 months of completion time).
- Registration begins from April to August 2024.

## 5. Curriculum synopsis

This acupuncture program typically consists of a combination of virtual courses and onsite clinical training. The virtual courses include TCM foundation and diagnosis, meridians and acupoints, acupuncture techniques, therapeutics, and TCM/acupuncture classics, etc. The onsite clinical training involves clinical practice for acupuncture techniques and therapies corresponding to their indications.

Courses and practical training will be provided as follows:

**Medical Acupuncture Certificate Program**

- TCM Foundation
- TCM Diagnosis
- Meridians and Acupoints
- Acupuncture Techniques
- Acupuncture Therapeutics
- Acupuncture Research
- Acupuncture Safety
- On-site Clinical Practice (CDUTCM affiliated hospitals)
  - Acupoints
  - Pulse taking
  - Acupuncture Techniques (acupuncture, moxibustion, cupping, etc.)
  - Acupuncture Therapies for disorders commonly seen in the clinic
  - Evaluation (exam)

**6. Certificate**

Participants who complete the Acupuncture Certification for Medical Professionals program will receive a "Medical Acupuncture Certificate". The certificate will be issued by CITCM/CBC- CDUTCM.

**7. Program fees**

**CAD \$9,980** for both classes and clinical internship.

Books, travelling and accommodation costs (for out of province), or travelling/accommodation for internship in CDUTCM, China (optional), are not included in the program fee.

## 8. Instructor/faculty Information

### 8.1 Management team

- Fang Zeng, PhD, MD, Vice President of CDUTCM
- Ling Zhao, PhD, MD, Dean of Acupuncture and Tuina College in CDUTCM
- Dingjun Cai, PhD, MD, Vice Dean of Acupuncture and Tuina College in CDUTCM
- Yuan Chen, PhD, MD, Dean of International Education College in CDUTCM
- Xia Cheng, PhD, Dr. A.c., Executive Director and Dean of Academics of CITCM/CBC-CDUTCM
- Mewah Susana, Program and Office Manager of CITCM / CBC-CDUTCM

### 8.2 Core Professors and Instructors

#### **Dr. Fanrong Liang, PhD, MD**

Professor of CDUTCM. Prof. Liang has over 40 years' clinical and teaching experience. By working as a doctor in the Chinese Medicine Clinic of CDUTCM, he treats almost more than 50 patients per day, including various pain syndromes, gynecological diseases, mental and neurological disorders, etc.

With rich research experiences on acupuncture, he has led 2 national 973 projects and 59 other national projects. Prof. Liang has received a second-class National Science and Technology Progress Award and other 20 national, ministry/province-level awards, and has also edited 8 national-level planned textbooks and 11 academic monographs, published 451 academic papers.

#### **Dr. Hong Zhang, PhD, MD.**

Professor of CDUTCM. Prof. Zhang has over 40 years' clinical and teaching experience. She works in the 3<sup>rd</sup> affiliated hospital of CDUTCM and combines various acupuncture manipulations ("Panlong Jiaji", "flying needles", etc.) with moxibustions to treat patients with different pain-related disorders, diabetes, post-stroke syndromes, dementia, etc. in the clinic.

#### **Dr. Guanyuan Jin, MD.**

Professor and Acupuncture researcher, licensed Acupuncturist & Herbologist in USA. Prof. Jin is recognized as one of world's leading experts in acupuncture, Chinese herbal medicine and Qigong/Tai-Chi and other Self-Healing Therapies. He specializes in treating tough cases of infertility, hearing/vision disorders, pain management and sports injuries rehabilitation and has been practicing acupuncture and oriental Medicine for over 42 years (24 in China, 18 in USA) while treating over 100,000 patients (Including many world-class sports athletes) with excellent results.

#### **Changqing Yang, PhD, MD.**

Professor. Dr. Yang is a faculty member working at Alhambra Medical University, Los Angeles, USA, and practicing at his clinic at Santa Monica and lecturing for the CEU classes for the local and



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national associations. He is specialized in mental disorders, pain management, internal medicine conditions, addictions, female health, cosmetic acupuncture and sexual dysfunction, weight loss, etc. Dr. Yang is the Director of Mental Health Forum of ATCMA, President of American Institute of Mental Health in TCM, Deputy Director of Mental Health Committee of World Federation of TCM. Dr. Yang was a commissioner at Accreditation Commission for Acupuncture of Oriental Medicine (ACAOM), USA.

### **Guanhu Yang, PhD, MD**

A licensed acupuncturist in USA, Board of Directors United Alliance of New York State Licensed Acupuncturists. Dr. Yang has over 20 years of clinical experience in China, Japan, and America. He treats many chronic disorders including pain (migraine headaches, neck and back pain, whiplash injuries, arthritis, abdominal pain, frozen shoulder, and painful menses), digestive function disorder, IBS, Allergy, Sinusitis, Asthma, stress release (depression, anxiety, insomnia, anorexia, and chronic fatigue syndrome), neurological disorders, menopause smoking cessation, weight control, etc.

### **Xia Cheng, PhD, Dr. Ac.**

Professor, Executive Director, and Dean of Academics of CITCM. Dr. Cheng has over 20 years of clinical experience as a physician, herbalist, and acupuncturist. She specializes in using kinds of acupuncture therapies (auricular acupuncture, scalp acupuncture, etc.) for many pain syndromes (headache, abdominal pain, shoulder/back/elbows/knees pain), digestive disorders (diarrhea, constipation, IBD/IBS, etc.), and treat neurological disorders (post-stroke syndrome, etc.) well. Dr. Cheng is currently the Director of the Body Mind Synergy Health Centre, a member of several professional association boards and Vice-President for the Alberta Association of Traditional Chinese Medicine Doctors.




### **Ruirui Sun, PhD, MD**

Associate professor of CDUTCM. Dr. Sun has rich clinical and teaching experiences, and performs acupoint embedding thread for patients with obesity, fire-dragon moxibustion for patients with Yang deficiency, other acupuncture therapies for patients with pain syndromes (migraine, headache, lower back pain, knee osteoarthritis, etc.), women problems (dysmenorrhea, irregular menstruation, etc.), gastrointestinal disorders (dyspepsia, diarrhea, etc.), facial paralysis, post-stroke syndromes, etc.

### **Henry Tarazona Medina, PhD, Dr. Ac.**

Instructor and Clinic Coordinator at CITCM. With rich experiences in both clinical and teaching, Dr. Medina specializes in different needle manipulations, such as blood-letting therapy, fire-needle, etc. He also does well in using thirteen Ghost Caves ("Shisan Gui Xue"), "Dong's Extraordinary Points", "Xingnao Kaiqiao Needling" and other acupuncture techniques learned from famous doctors. He treats well for patients with musculoskeletal disorders (Herniated disc, carpal tunnel syndrome, osteoarthritis, etc.), kinds of pain-related disorders, etc.

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Calgary, AB T2M 3Y7

 [citcm.com](http://citcm.com)  
 403.520.5258  
 [info@citcm.com](mailto:info@citcm.com)

### 8.3 Registration and contact information

#### Registration Process:

**Step 1:** Determine if you are eligible to register:

1. Applicant must have a valid professional license (e.g., Physicians, Chiropractors, Naturopathic Doctors, Dentist, Physiotherapist, etc.);
2. Applicant must be a regulated health profession governed by statute or local laws;
3. Applicant must be a regulated health profession which has acupuncture under its scope of practice.

**Step 2:** Fill out the [online application form](#) and send it to the CITCM Admission (Email: [admission@citcm.com](mailto:admission@citcm.com)).

Application checklist:

- Filled out [online application form](#)
- Professional license
- University graduation certificate

**Step 3:** Upon receiving your complete application package, CITCM admission will review your application. Once approved, you will be required to send a \$500 tuition deposit to reserve the spot, and additional information about the course details will be sent to you.

*If you have any questions or concerns about the program, please e-mail: [admission@citcm.com](mailto:admission@citcm.com).*

#### Admission & program information:

- **Online and E-Mail**, visit us at: [citcm.com](http://citcm.com). Phone: (403) 520 - 5258
- **Admissions Office**: Email: [admission@citcm.com](mailto:admission@citcm.com)
- **Mail or in-person, address:**

**CITCM**

Two Executive Place,  
300-1824 Crowchild Trail NW  
Calgary, AB. T2M 3Y7  
Canada

9. Courses Detail

Acupuncture Certification for Medical Professionals (ACMP, 312 hours)			
	Course Description	Modality and Hours	Instructor
<b>MODULE I</b>	<b>TCM Foundation (Part 1)</b> General introduction, Yin-Yang Theory, Five-Elements Theory, Essence, Qi, Blood, Body Fluid, Five-Zang and Six-Fu Organs (Viscera), Visceral manifestation, Fourteen Meridian System, Eight Extraordinary Vessels and Collaterals, Acupoints.	Asynchronous 30 hours	Associate Prof. Ruirui Sun
	<b>TCM Foundation (Part 2)</b> Individual Body Constitution, Etiology, Pathogenesis, Prevention, and Health Preservation.	On Site 20 hours Friday afternoon, Saturday, and Sunday (all day)	Associate Prof. Ruirui Sun
<b>MODULE II</b>	<b>TCM Diagnosis (Part 1)</b> Four Diagnostic Methods, Eight Principles, Pulse Theory, Syndrome Differentiation.	Asynchronous 10 hours	Dr. Henry Tarazona Medina
	<b>TCM Diagnosis (Part 2)</b> Four Diagnostic Methods, Eight Principles, Pulse Theory, Syndrome Differentiation.	On Site 20 hours Friday afternoon, Saturday, and Sunday (all day)	Dr. Henry Tarazona Medina
<b>MODULE III</b>	<b>Meridians and Acupoints (Part 1)</b> General introduction, Meridians and Collaterals, Acupoints with their locations, Meridian functions and therapeutic effects.	Asynchronous 30 hours	Associate Prof. Ruirui Sun



	<b>Meridians and Acupoints (Part 2)</b> Meridians and acupoints with their locations	On Site 20 hours Friday afternoon, Saturday, and Sunday (all day)	Associate Prof. Ruirui Sun
<b>MODULE IV</b>	<b>Acupuncture Techniques (Part 1)</b>  Acupuncture (filiform/electrical acupuncture), Moxibustion, Cupping, Gua Sha.	Asynchronous 10 hours	Dr. Henry Tarazona Medina
	<b>Acupuncture Techniques (Part 2)</b>  Acupuncture (filiform/electrical acupuncture), Moxibustion, Cupping, Gua Sha.	On Site 20 hours Friday afternoon, Saturday, and Sunday (all day)	Dr. Henry Tarazona Medina
<b>MODULE V</b>	<b>Acupuncture Therapeutics</b> 1) Pain Syndromes (migraine, frozen shoulder, neck pain, back pain, sciatica). 2) Musculoskeletal Disorders (herniated disc, tennis elbow/lateral epicondylitis, carpal tunnel syndrome, tendinitis, fibromyalgia, osteoarthritis, osteoporosis).	Asynchronous 30 hours	Dr. Henry Tarazona Medina
<b>MODULE VI</b>	<b>Acupuncture Safety and Clinical Practice Preparation</b> Acupuncture safety and contraindications.	Asynchronous 10 hours	Prof. Xia Cheng
<b>MODULE VII</b>	<b>Acupuncture Research</b> Mechanism studies including analgesia, nerve-endocrine-immunological regulation.	Asynchronous 12 hours	Prof. Guanyuan Jin/Prof. Guanhu Yang/Associate Prof. Ruirui Sun



<b>CITCM Internship</b>	<p><b>Clinical Practice</b> Applying the theory and knowledge in a clinical setting with real patients with opportunities to incorporate acupuncture and other modalities/techniques in treating the patients.</p> <p>Common disorders in the clinic: pain management, mental health, digestive issues, hormonal issues, sleep disorder, and more.</p>	<p>Onsite 40-100 hours CITCM Calgary, CA (a minimum of 40 hours required at CITCM Clinic)</p>	<p>Dr. Henry Tarazona Medina</p> <p>Prof. Xia Cheng</p>
<b>International Internship (optional)</b>	<p><b>Clinical Practice</b> Applying the theory and knowledge in a clinical setting with real patients with opportunities to incorporate acupuncture and other modalities/techniques in treating the patients.</p> <p>Common disorders in the clinic: pain management, mental health, digestive issues, hormonal issues, sleep disorder, and more.</p>	<p>China 60 hours CDUTCM Chengdu, China</p>	<p>Prof. Fanrong Liang, Prof. Hong Zhang, and other teaching doctors</p>