

2026 - 2027 Program Information & Application Guide





Our belief is that the blend of Western medical knowledge with Eastern healing wisdom offers the best health practice.

#### Leading in Integrated Healthcare Education since 2004.

Canadian Institute of Traditional Chinese Medicine (CITCM)

Two Executive Place, Unit 300 1824 Crowchild Trail NW, Calgary AB

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FEEL ESSENTIAL FOLLOW YOUR PATH ENRICH YOUR LIFE

# CITCM—the Canadian Branch College of CHENGDU UNIVERSITY OF TRADITIONAL CHINESE MEDICINE (CBC-CDUTCM)



We are very proud that since 2021, CITCM has officially become the first and the only Branch College of Chengdu University of Traditional Chinese Medicine (CDUTCM) in North America! We are incredibly honored to be affiliated with CDUTCM, one of the oldest and most prestigious TCM universities in China. This partnership will provide countless opportunities for CITCM students!



Chengdu University of Traditional Chinese Medicine, Chengdu, Sichuan, China <a href="http://www.cdutcm.edu.cn">http://www.cdutcm.edu.cn</a>

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### Welcome from the Executive Director



I welcome you to join us at CITCM, also the Canadian Branch College of Chengdu University of TCM (CBC-CDUTCM), where we take a cutting edge and dynamic approach to integrated healthcare career training and education.

As you progress through the Doctor of Acupuncture, Doctor of TCM, and the WE Integrated Orthopedic Massage program, taught by the highly accomplished professionals, you will be prepared to start a career in one of the fastest growing fields in the natural medicine industry.

As society begins to understand the true benefits of natural healing and holistic lifestyles, they are turning to time proven treatments of Acupuncture, Chinese herbal medicine and manual therapy which have been practiced for thousands of years. You can be at the forefront of this evolution with the knowledge and skills that you obtain via your study at CITCM.

CITCM is constantly reviewing and updating its curriculum to keep us to be the leading educational institute in the field. We have developed additional programs and certifications including WE integrated orthopedic massage, and orthopedic sports acupuncture certification, to name a few. CITCM also provides the opportunity to obtain a Bachelor's degree from the collaboration with Chengdu University of Traditional Chinese Medicine.

Come and enjoy the experience of learning acupuncture, herbology, TCM and massage in a dynamic educational environment, and our natural beauty of Canadian Rockies as well as western hospitality as you begin your exciting new career path and life journey.

Welcome to join CITCM, CBC-CDUTCM!

Dr. Xia Cheng

Doctor of Acupuncture, DTCM PhD in Medicine

### About Dr. Cheng

Dr. Cheng earned her Bachelor's Degree in TCM and Western Medicine in 1983 from the Hunan University of TCM. She did further study at Tianjin University of TCM, culminating in 1987 with a Master's Degree in Medicine and Acupuncture. In 1990, she received her PhD in Medicine from the Chengdu University of TCM, with a specialty in Acupuncture and Chronomedicine.

Dr. Cheng worked as a professor at Beijing Union University TCM College, and Beijing Acupuncture College where she instructed foreign students. She has translated several publications and is a published author of several TCM works. Prior to immigrating to Canada, Dr. Cheng worked as visiting professor in Canada, Denmark and practiced in Luxembourg. Dr. Cheng has over 40 years of clinical experience as a TCM Doctor and Doctor of Acupuncture with specialties in women's health, digestive and neurological disorders.

In September 2004, her long-time dream of opening a school of TCM with high standard was realized with the opening of CITCM, which she is proud to be the Executive Director.

Dr. Cheng is also the Director of the BodyMind Synergy Health Centre and Vice President of Alberta Association of Acupuncturists of TCM Doctor (AAATCMD) who actively involves in the process of regulating TCM in Alberta. She is currently a guest professor in CDUTCM, she also teaches various TCM workshops.

### About CITCM, CBC-CDUTCM

In 2004, when Dr. Xia Cheng established CITCM in Calgary, Alberta, she believed that quality education builds the success of the profession, as well happiness is often achieved by reaching out and helping those in need. She wanted to share her knowledge and passion for natural medicine including acupuncture, Chinese herbal medicine, massage, and nutrition with students interested in Eastern wisdom and philosophy. She also wanted to share her approach to heal the body via physical, psychological, and emotional aspects to create healthier and happier individuals and communities. As one of Canada's premier Acupuncture and TCM Colleges, CITCM's curriculum challenges the brightest minds. Under the guidance of the WE integrated philosophy, CITCM's unique educational model emphasizes study of both Eastern and Western medical knowledge, combining theory with hands-on practice, as well as a compassionate community focus for an enriched learning experience.

### Mission Statement

At CITCM, we train highly skilled Doctors of Acupuncture, Traditional Chinese Medicine Practitioners, and Massage Therapists utilizing an interactive positive learning environment with experienced, enthusiastic, caring, and knowledgeable faculty.

We promote the integration of Traditional Chinese Medicine with Western Medicine. We strive to treat patient illness and maintain health and wellbeing through natural medicine. We educate our students, patients, and community understand and view the body, mind, and spirit as a whole.

"CITCM - Where Quality Education Builds Your Future Success"

### CITCM Core Values

Kindness Accountability
Confidence Passion
Integrity Optimism
Diligence Wisdom

### List of Programs

CITCM offers the following programs:

- Acupuncture Diploma
- Double Major Diploma (Doctor of Acupuncture & Doctor of TCM (DTCM))
- Double Major Plus Diploma (Doctor of Acupuncture/DTCM and 2200-Hour WE Integrated Orthopedic Massage)
- Bachelor of Traditional Chinese Medicine (collaboration with CDUTCM)
- 1113 hours and 2200 hours WE (Western/Eastern) Integrated Orthopedic Massage

We encourage, empower, and support our students' different learning characteristics, so that each student has the best resources available in order to succeed. Our caring and knowledgeable core faculty hold MDs, Masters and Doctorates in Acupuncture and Traditional Chinese Medicine or currently practice as accomplished professionals in the natural healthcare field. CITCM believes that holistic natural medicine is the future of health and wellness.

At the CBC-CDUTCM, CITCM students have the opportunity to pursue a bachelor's degree program through CBC-CDUTCM. This program includes a four-year study at CITCM plus five-month internship in the CDUTCM university hospital. Federal/Provincial student loan may be available for the bachelor's degree internship program in China.





CITCM Graduation 2025

### Program Delivery & Schedule

#### **Course Delivery**

The majority of courses in the program are delivered onsite, with select courses offered online or in a blended format that combines in-person and online learning. Laboratory and practical courses are primarily conducted in person to ensure essential hands-on experience.

#### **Class Schedule**

In person classes are typically held **Monday to Friday, from 8:00 AM to 12:00 PM** for most of the class schedules.

#### **Clinical Practicum**

The clinical practicum is a vital part of the program, providing supervised, real-world experience. Practicum sessions are scheduled outside of regular class hours:

• Weekdays: 12:30 PM - 8:30 PM

Saturdays: 9:00 AM - 5:00 PM

Students complete 4 hours per week in their 1st and 2nd years, increasing to 8–10 hours per week in their 3rd and 4th years.

#### **Term Structure**

Each term consists of 13 weeks of classes and 15 weeks of clinical practicum:

- Fall Term: Classes after the labor day to 1st week of December; Clinic until mid-December
- Winter Term: Classes 1st week of January to end of March; Clinic until mid-April
- Spring Term: Classes 3rd week of April to 3rd week of July; Clinic until 1st week of August

### **Enrollment Semesters**

#### CITCM accepts applications twice a year — Spring (April) and Fall (September).

- Spring Intake (April): First-term courses are delivered asynchronously online, with three scheduled in-person sessions during the term. Starting from the second term in the Fall, students transition to in-person classes Monday Friday for the remainder of the program.
- Fall Intake (September): Students begin with Monday - Friday in-person classes from the very first term and continue this schedule throughout the program.



### Reasons to Choose CITCM for Your Education

CITCM offers one of the most comprehensive and well-rounded Acupuncture & Traditional Chinese Medicine (TCM) curriculums in Canada.

#### ✓ Curriculum Standard Aligned with CDUTCM Standard

CITCM DTCM curriculum is approved by Chengdu University of Traditional Chinese Medicine (CDUTCM), one of China's most prestigious TCM universities meeting their standard for Bachelor's Degree of TCM program. With additional 5-month internship and study at CDUTCM Hospitals, CITCM Double Major Program graduates are qualified to receive graduation certificate and Bachelor's Degree granted by CDUTCM.

#### ✓ Bachelor of Acupuncture & TCM through CDUTCM

Earn a globally recognized degree that opens doors internationally including in Canada and worldwide.

#### √ National Licensing and Working Opportunities

Our programs are designed with labour mobility in mind, CITCM curriculum educational hours meet the licensing requirement of other provinces not only for acupuncturists but also for TCM Practitioners and/or TCM Doctors providing you with eligibility to attend herbology, TCMP, TCMD exams at the provinces where TCM is regulated, such as British Columbia and Ontario.

#### ✓ Exceptional Value for Your Tuition

CITCM Acupuncture and/or DTCM program is total over 4000 hours with inclusive onsite clinical practicum hours of 1050. In addition to foundational acupuncture and Chinese medicine training, students gain invaluable training and exposure to advanced modalities and subjects, including:

- Acupuncture Orthopedic Sports Medicine (Levels 1–3)
- Advanced TCM Herbology
- TCM Gynecology
- TCM Pediatrics
- Acupuncture & TCM Research
- Botanical Pharmacology
   and more. This comprehensive education prepares graduates to enter the profession
   and are fully equipped to succeed in an integrated medicine practice.

#### √ Western & Eastern Philosophy

Following CITCM's exclusive WE philosophy, students receive extensive knowledge of Western medicine so they can utilize and integrate Western medical knowledge into their practice, as well as effectively communicate with other health practitioners.

#### ✓ Consistent Class Schedule

Classes are held on a fixed schedule: Monday to Friday, 8:00 AM – 12:00 PM, with no weekend classes (except for a few exceptions).

#### ✓ Diverse & Experienced Faculty

Learn from a diverse team of instructors and supervisors each bringing exceptional clinical backgrounds and academic expertise such as TCM doctor, physician, orthopedic surgeon, physiotherapist, naturopath doctor, and more. This diversity enriches your learning experience and broadens your perspective.

### WE (Western & Eastern) Integrated Philosophy

CITCM's unique program integrates Western and Eastern knowledge of medicine for an enriched learning experience.

The WE Integrated Philosophy incorporates Western and Eastern medical knowledge into holistic healing.

Following CITCM's exclusive WE philosophy, students receive extensive knowledge of Western medicine so they can utilize and integrate Western medical knowledge into their practice, as well as effectively communicate with other health practitioners.



Our students study the theory and modalities of Eastern medicine such as acupuncture, Chinese herbal medicines, moxibustion, cupping, Tui Na, Tai Ji and Qi Gong exercises and much more. They also study Western medicine such as anatomy, physiology, nutrition with clinical oriented focus. Marketing and business are included in the curriculum.

CITCM graduates have the knowledge and insight to work in partnership with other health practitioners. The comprehensive education on both eastern and western biomedicine allows graduates thoroughly assess patients and then to determine appropriate treatment plans. The WE Philosophy prepares our graduates for thriving practice in integrated medicine field.

#### The WE Philosophy promotes:

- That to be aware of our own health and lead a lifestyle that fosters and supports our own wellbeing, paired with a willingness to help others is as important and integral to our success in this health care field, as our knowledge and skills.
- Understanding the philosophy of Chinese Medicine is fundamental in that its framework is our guiding principle towards understanding the individual, both physiologically and psychologically.
- This deeper understanding of WE Philosophy allows the practitioner to determine the best strategies to assist and promote the body's natural healing process.
- The origin of Traditional Chinese Medicine is based on both ancient philosophy and science. The present developments of Traditional Chinese Medicine have allowed for interaction and integration with modern science and technology that will lead Chinese Medicine into a new and expanded phase of achievement; and
- The health of body, mind and spirit are interrelated; restoring and maintaining health and wellness means achieving harmony in all three.

### International Collaborations

### Canadian Branch College of Chengdu University of Traditional Chinese Medicine (CBC-CDUTCM)

CITCM has been collaborating with Chengdu University of TCM (CDUTCM) since 2006 for the bachelor's degree of Traditional Chinese Medicine program. In 2021, CITCM was appointed as Canadian Branch College of CDUTCM, the first and the only branch college in North America. The partnership allows both institutes to expand more collaborations in degree programs, eLearning and many more!

Under the current partnership, students interested in pursuing a bachelor's degree in Traditional Chinese Medicine may do so by completing a four-year of study at CITCM Double Major

The second secon

CDUTCM Summer Camp 2025

program, and a five-month internship at the university hospital in Chengdu University of TCM in the Sichuan province of China.

#### About Chengdu University of Traditional Chinese Medicine (CDUTCM)

Founded in 1956 and located in the historical city of Chengdu, CDUTCM is one of the first four universities established to offer post-secondary education of traditional Chinese medicine in China and worldwide. Over the past 65 years, it has always been the leading university in China for Acupuncture/TCM education, research and providing patient care through the university hospitals for the area of Chengdu city, Sichuan province, and national wide.

The university has nearly 1900 staff members with approximately 500 professors and associate professors in the different departments:

College of Traditional of Chinese Medicine, College of Acupuncture, College of Clinical Medicine, College of TCM Pharmacy, College of Nursing, and many more.



CITCM Students at CDUTCM Herbal Pharmacy Lab during 2024 CDUTCM Summer Camp

In TCM/acupuncture research, CDUTCM lays great emphasis on the building of the facilities of laboratories. It owns a key laboratory of the ministry of education, 7 top laboratories of State Administration of TCM, 5 provincial key laboratories, in addition to 13 provincial key courses. An onsite attached hospital of CDUTCM has the highest standard with a national model of TCM that allows students to gain practical experience from experts in the fields, alongside with 7 other affiliated hospitals of CDUTCM.

As one of the first universities granted to enroll overseas students, CDUTCM has been offering education to foreign students for almost 50 years. The information-exchange relationship has been established between CDUTCM and 176 institutions throughout the world, including WTO, American National Library and British Royal Association.

#### **CDUTCM Summer Camp 2025**

As a branch college of CDUTCM, CITCM students are invited to a 2-week long of summer camp program at no cost. This event gives our students a lifetime experience about Chinese culture, Chengdu city wonders, TCM history and its developments/integration with western medicine, and more. Activities include: Taijiquan exercise routine, tour to CDUTCM university complex/museum/hospitals, visits to Dujiangyan Panda Valley, gala dinner, etc.





CDUTCM Summer Camp 2025 - Reception Ceremony

CDUTCM Summer Camp 2025 - TCM Academic Forum

#### Live and Study in CDUTCM, Chengdu, China

Chengdu is famous for its exceptional cuisine and as the home of the giant pandas. The city is also renowned for its relaxed lifestyle and vibrant entertainment scene. With its unique, laid-back culture, Chengdu residents enjoy a slower pace of life, making the city a dream place to live. As the birthplace of Chinese tea culture, Chengdu boasts more teahouses than any other city in the world.

For lovers of traditional Chinese art, Chengdu offers an outstanding opportunity to experience Sichuan Opera. The celebrated art of "face-changing" is a hallmark of this centuries-old regional opera, and the city is home to some of the world's finest masters of the craft.

Chengdu is also surrounded by numerous attractions, easily accessible by car or train. Popular destinations include the Leshan Giant Buddha, Wuhou Shrine, Mount Emei, Chengdu Cultural Park, Jianmen Pass Scenic Route, and Mengdingshan Tea Plantation, along with many historic monasteries and temples. There is truly no shortage of sights to explore in and around this captivating city.







Jianmen Pass

### **Programs**

Interactive. Hands-on. Practical. Blended learning.

Provincial & Federal student loans & grants are available for all CITCM programs.

#### **Doctor of Acupuncture Diploma Program**

Natural, Holistic, Student-Loan Eligible.

Acupuncture is a specialized field within the scope of Traditional Chinese Medicine. CITCM's Doctor of Acupuncture Diploma program offers an in-depth study of Acupuncture as well as Chinese medicine theory, diagnostic techniques, and Chinese herbal medicine. The curriculum leads students to study both Chinese medicine as well as fundamental medical science courses such as anatomy, physiology, pathology, biochemistry, microbiology, and more.

CITCM's Doctor of Acupuncture Diploma program has a tremendous focus on clinical internship, which trains the students to accurately assess the patient and identify the best course of treatment. They will learn to treat ailments including internal, pediatric (children's illness), gynecology (women's



illnesses), dermatology (skin disorders) conditions, etc. Students are encouraged to participate in an internship at a university hospital in China (optional) where students will study under the most experienced professors and doctors for an extensive clinical training. This allows students to gain abundant clinical experience.

When students graduate from this program, they will be confident and competent to establish themselves as a Doctor of Acupuncture in the alternative health care field. CITCM's Doctor of Acupuncture diploma program graduates are eligible to write the Pan Canadian TCM Acupuncturist examinations facilitated by the College of Acupuncturists of Alberta (CAA) to become a Registered Acupuncturist with the title Doctor of Acupuncture.

CITCM's Doctor of Acupuncture diploma students are encouraged to study concurrently a Double Major career path in Doctor of Acupuncture and Doctor of Traditional Chinese Medicine diplomas. This advanced program allows the student to study the acupuncture specialization concurrently with the extensive herbology practice for the same tuition cost and during the same academic hours, mostly from 8:00 am to 12:00 noon, Monday to Friday. All four years of study are eligible for student loans.



CITCM Students at Acupuncture Technique Lab Class



TCM Food Therapy Class

Double Major Program (Doctor of Acupuncture/Doctor of TCM)

Rewarding—Condensed four-years of study

CITCM's unique 4-year Double Major program is a condensed program that is **equivalent to the five-year Doctor of TCM program in BC**. This program incorporates all the specialized acupuncture training with a comprehensive study in traditional Chinese herbology.

The study includes ancient classics and modern Chinese medicine modalities which consist of extensive study in both acupuncture and Chinese herbal medicine. Students in the double major program also complete 78 hours of Orthopedic Sports Acupuncture training, allowing them to expand their knowledge as practitioners and apply this modality in the clinic throughout their program.

The Double Major program is for students who wish to learn concurrently advanced Chinese medicine theories, different natural healing

modalities such as Qi Gong, Tai Ji, food and nutrition therapy, cupping, massage, with a focus on acupuncture and Chinese herbal medicine. Throughout the program students will become competent inacupuncture and advanced traditional Chinese medicine using individualized herbal prescriptions and herbal supplement therapy. This allows graduates a distinct advantage in their future practice. As a practicing Doctor of Acupuncture, you will be able to help many patients experience the natural healing benefits of acupuncture and Chinese herbal medicine.



- Complete the Traditional Chinese Medicine (TCM) Practitioner program concurrently with the Acupuncture Diploma within 4 years
- Advanced courses including TCM Gynecology, TCM Pediatric, TCM EENT, TCM Research, Orthopedic Sport Acupuncture, and more.
- Eligible to write the Pan-Canadian TCM Practitioner Examination
- Unlock broader career opportunities, including:
  - **Labour mobility** transfer your credentials to other regulated provinces where the TCM Practitioner designation is recognized such as in BC and ON.
  - Eligibility for TCM Practitioner licensure in the USA through International Consultants of Delaware (ICD) assessment process to be eligible to write the exams for NCCAOM
- ❖ Meet the requirements of CDUTCM Bachelor's Degree program with degree internationally recognized, e.g. USA, Germany, Australia, Singapore, Thailand, and more.





#### **Bachelor's Degree Program from CDUTCM**

#### Bachelor of Traditional Chinese Medicine

As a branch college of CDUTCM, CITCM students will be granted with a bachelor's degree by CDUTCM after completing CITCM's Double Major Acupuncture/Doctor of TCM diploma program and completing a five-month internship at the CDUTCM affiliated hospitals. The Bachelor program offers the value of international study experience; study under the professors and famous TCM clinical experts; working in the hospitals that practice integrated medicine, and to refine and improve the skills built at CITCM. CITCM works with our students to prepare cross-cultural adaptation and language barriers that may present. Chengdu University of TCM supports our students by providing interpreters during instruction and internship. Earning a degree in Acupuncture and Traditional



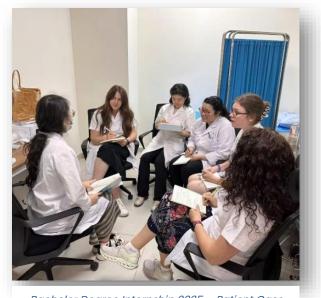
Chinese Medicine (TCM) distinguishes practitioners in their field and opens the door to international career opportunities, especially for those considering relocation to other countries.



Bachelor Degree Internship 2025 - Moxibustion



Bachelor Degree Internship 2025 - Acupuncture & TCM Conference



Bachelor Degree Internship 2025 - Patient Case and Treatment Discussion



Bachelor Degree Internship 2025 - Cultural Event

Double Major Plus Program (Doctor Acupuncture/DTCM plus 2200-Hour WE Integrated Orthopedic Massage)

The fusion of the three programs uses overlapping classes to accelerate the process of study for acupuncture, TCM and massage, saving one year of study.

This program provides graduates with several tools to start a successful practice as an Acupuncturist, Doctor of Traditional Chinese Medicine, and Orthopedic Massage Therapist. Additionally, the WE Integrated Massage diploma may be awarded upon completion of all its requirements prior to completion of the Acupuncture/DTCM program.

This will help students to start their career as a complementary health care provider while still in the process of completing the Acupuncture/DTCM program.



#### Continuing Education Unit (CEU)/ Continuing Competency Program (CCP)

CITCM brings world famous experts and their knowledge to you with weekend seminars and workshops. Please check our website to see what upcoming Continuing Education seminars are available.



Acupuncture Meridians & Myofascial Lines Workshop by Dr. James Spears in Sep 2025



Advanced TCM Infertility Certification Program by Dr. Meiqin
Liu in Dec 2024

### Admission and Application

#### **Enrollment Semesters**

Select your enrollment start: Spring or Fall term. Seats are limited, and applications will be closed once all spots are filled. To secure your place in the program, a non-refundable deposit of \$500 is required within 2 weeks after the acceptance package is sent out. This deposit will be applied directly to your tuition account.

#### **Admission Requirements**

To be eligible for admission into CITCM, all applicants must meet the following criteria:

- Students must be 18 years of age by the end of the first year of study.
- Proof of high school or post-secondary diploma/transcript.
- A successful info session & interview with the admission officer.
- During the interview, applicants who are assessed as lacking sufficient English proficiency to succeed in the program will be required to provide proof of a passing score on an approved English language proficiency test or meet one of the following criteria:
  - A TOEFL IBT score of 72 or higher with a minimum of 18 in each skill/category on the internet-based test. An IELTS score of 5.5 in each skill/category or higher.
  - A minimum score of 6 in Canadian Language Benchmarks Assessment (CLBA) or 50 in Canadian Academic English Language Assessment (CAEL).
  - Completion of a course/training of English Language Arts 20-1 or 20-2
  - · Duolingo English Test score of 115.
  - Secondary Education in English: completion of at least 3 years of full-time secondary school education taught in English.
  - Completion of minimum 2 semesters of post-secondary program delivered in English in Canadian public college/universities.

#### **Application Checklist**

- Completed Application Form
- Official high school transcript, or official transcripts of all post-secondary if applicable
- Updated personal resume
- A letter of intent

#### Transfer Students & Transcript Assessment (Transfer Credit)

If you have previously completed education at an accredited post-secondary institution, you can apply to have your past course work assessed. This assessment service is offered to all CITCM students for a fee.

To be considered, the following criteria must be met:

- Previous grades must be 60% or higher.
- All relevant courses must have been completed within the past 5 years or practicing in related industry/as healthcare practitioners within the past 5 years. Other related factors may be evaluated case on case basis.
- Course credit hours are at least equivalent to CITCM courses.

Scan here to start your application



- Course curriculum must be 70% of the required hours matched to CITCM courses.
- Detailed course syllabus and learning outcomes from your previous institution.
- CITCM has a 50% residency rate. Applicants can request credit transfer for up to 50% of any CITCM program. The remaining 50% must be taken at CITCM to qualify for graduation.

When submitting foreign documentation for transfer credit evaluation, please provide transcripts and the detailed course outlines translated to English by an official translator.

#### Credit Transfer for Health Professionals

Health practitioners who have western medicine training background may shorten the duration of the Doctor of Acupuncture/Doctor of Traditional Chinese Medicine program at CITCM through credit transfer. Successful credit transfer applicants will receive tuition deduction (see transfer credit requirement and policy). CITCM reviews each applicant's credentials individually. Please contact CITCM Registrar for further details regarding this opportunity.

#### **Application Submission**

Completed application can be submitted via online application form. Go to citcm.com and click "Register Now" button or scan the QR code here.

https://citcm.orbundsis.com/einsteinfreshair/application/online\_application\_form.jsp?id=19&aid=57 Scan here to start your application



Applicants may be contacted to schedule an interview. The interview may be in person or by phone if she/he is from out of town or country. An acceptance letter will be sent to successful applicants for official enrollment.

- A \$500.00 registration deposit is required to reserve admission and is payable within 14 days of receiving notification of acceptance. The \$500.00 registration deposit paid with the signed student contract. The \$500.00 registration deposit will be applied to total tuition account.
- **Note:** The \$500.00 registration deposit is forfeited if the applicant withdraws after reserving the admission, *if* longer than four business days have passed from signing the student contract, whether classes have commenced or not.
- Private Vocational Training Regulations related to tuition, registration fees and refunds are
  excerpted below. Please see the complete document at the following link.
  <a href="http://www.ap.alberta.ca/documents/">http://www.ap.alberta.ca/documents/</a> Regs/2003 341.pdf

### **Tuition**

We are confident that CITCM brings the most value for your tuition.

Full Time Program	Annual Tuition Fee
Acupuncture Diploma	\$11,900
Double Major Diploma - Acupuncture & DTCM	\$11,900
Double Major Plus Diploma - Acupuncture & DTCM Plus Massage	\$11,900 (plus \$6600/year for the 1st two years)
WE Integrated Orthopedic Massage Therapy Diploma	\$11,900

CDUTCM Bachelor Degree Program	Annual Tuition Fee
Double Major Diploma - Acupuncture & DTCM	\$11900 (Year 1-4)
CDUTCM 18 Weeks of Internship	\$5000 (Year 5)

Part Time Program	Fee Per Credit
Acupuncture/TCM/Massage Therapy Courses	\$210/credit

Note: tuition fee does not include books/supplies if any. For bachelor degree program, the accommodations/flights/living costs are not included in the tuition fee.

There is no CITCM tuition increase once the student enters the program.

The tuition includes the following services:

- · Quality instructional and clinical curriculum delivery
- 24/7 online study supporting system
- Preparation and mock exam for Pan-Canadian TCM Acupuncture Registration exam

### Scholarship

CITCM is dedicated to supporting our students in achieving their educational and career goals. We offer a variety of scholarships to help finance your studies in acupuncture, Traditional Chinese Medicine, and massage therapy programs with over \$10,000 in awards available annually. These scholarships are primarily open to Acupuncture, Double Major, and WE Integrated Orthopedic Massage students.

- Academic Excellence Award
- Clinical Excellence Award
- Orthopedic Massage Scholarship
- Bachelor's degree Bursary
- CDUTCM Bursary for bachelor's degree internship
- And more.

### Curriculum Synopsis

Doctor of Acupuncture/Doctor of Traditional Chinese Medicine/Bachelor's Degree of Traditional Chinese Medicine

YEAR 1	YEAR 2	YEAR 3	YEAR 4
History of TCM	Acupuncture Technique & Lab	TCM Internal Medicine 1-3	Advanced TCM Internal Medicine (*)
TCM Foundations	Acupuncture Therapeutics 1 & 2	TCM Classics (1): Yellow Emperor	TCM External medicine
Anatomy & Physiology 1 & 2	Pathology 1 & 2	Acupuncture Orthopedic Sport Medicine 2	TCM Pediatrics
Surface Anatomy	Tui Na Massage Tech & Lab	Western Lab Test Reading	Point & Safety (4) (*)
Ethics & Legals	TCM Materia Medica 3	Western Medicine 1 - 3	Clinical Immunology (*)
Medical Terminology (*)	Points & Safety 1 (*)	Communication & Jurisprudence	TCM Classics (3): Jin Gui Yao Lue (*)
Medical Qi Gong (*)	Clinical online case 4-6 (*)	Micro-Acupuncture Systems	Botanical Pharmacology and Herbal Safety (*)
CS 1: Clinical Success	Clinical Observation/Assistance 3	TCM Preventative Medicine and Diet Therapy	First Aid and CPR
Acupoints & Meridians 1 & 2	Tui Na Therapeutics	TCM Classics (2): Shang Han Lun (*)	Acupuncture/TCM EENT (*)
Acupoints & Meridians Lab I & 2	TCM Formulas & Strategies 1 & 2	Acupuncture/TCM Gynecology	Acupuncture /TCM Research & Methodology (*)
TCM Diagnostic Technique	Acupuncture Orthopedic Sport Medicine 1	Medical Tai Ji	TCM Classics (4): Wen Bing (*)
TCM Differentiation Syndromes	Western Pharmacology	Business Management 3	TCM Doctrines (*)
TCM Materia Medica 1 & 2	Western Physical Assessment	Western Nutrition (*)	Acupuncture Orthopedic Sport Medicine (3) (*)
Chinese Medical Terminology	Biochemistry	Point & Safety 2 & 3 (*)	Exam preparation (1) Points & Modalities
Microbiology	Business Management 1 & 2	Clinical Practice 3 - 5	Exam Preparation (2) Pan Canadian Exam
Clinical Observation/Assistance I & 2	Clinical Strategies (2): Safety and Clean Needle	Clinical online case 7 - 9 (*)	Exam preparation (3) Clinical Case
Clinical online case 1-3 (*)	Clinical Practice 1 & 2		Clinical Practice 6 - 8
	Clinical online case 4-6 (*)		Clinical online case 10 - 11 ( Clinical Practice (9) in CDUTCM (Bachelor Program only)

<sup>(\*)</sup> Not Included in the Doctor of Acupuncture Program

#### Additional Massage Courses in DMP Program

Western Massage (1 - 3)

Advanced/Orthopedic Massage (1 - 3)

Arthrology & Myology (1 - 2)

Hydrotherapy

Massage Research

Orthopedic Foundation

**Applied Kinesiology** 

Eastern Massage (1) - Scalp & Reflexology

Eastern Massage (2) - Thai Massage

Neurology

Onsite Massage Clinic Practice

Online Massage Case Studies

Offsite Massage Clinic Practice



Western Massage Practical Class



Volunteering at Shalem Senior Housing



Western Massage Practical Class



Canadian Massage Conference June 7-9, 2024





CITCM Booth at CMC 2024

### **Facilities**

#### **Campus**

CITCM is located at Two Executive Place, 300 1824 Crowchild Trail NW in the beautiful city of Calgary. The 10,000 square feet of space is home to a state-of-the-art campus which includes professional treatment rooms, classrooms, a massage room, a lounge with a balcony allowing a view of the Rocky Mountains, an herbal pharmacy, and a comfortable waiting room for patients and guests.

CITCM is a five-minute walk from McMahon Stadium and the University of Calgary is nearby. It is close to several major bus routes and the Banff Trail C-train station, a major shopping mall; parking is available off and on site.













#### **Onsite and Offsite Clinic**

Intern students can gain practical experience under the guidance of supervisors in a professional clinic onsite and offsite campus. Onsite clinic shifts are available Monday-Saturday between 4-8 hours a week. Interns also have opportunities to work and experience with various patients at our offsite community clinics as part of your learning and be able to contribute the time, skills, and knowledge to Calgary's most vulnerable.

#### **The Alex Community Centre**

2840 2 Ave SE, Calgary, AB, T2A 7X9 http://www.thealex.ca/

#### **Shalem Society for Senior Citizens Care**

3010 51 St SW #101, Calgary, AB T3E 6V8 https://www.shalem.ca/

#### **The Mustard Seed**

1010 Centre St S, Calgary, AB T2G 1B3 https://theseed.ca/

#### **Orthopaedic Massage Consultants**

Suite #228, 4411 16 Ave NW, Calgary, AB T2T3W2 http://orthopaedicmassageconsultants.com/

#### **Offsite Community Events**

Other than practicing in clinical settings, CITCM also actively participates in various offsite community events to allow students to gain experience and opportunities to give back to the community. In the past we had massage booths in some events such as Women's Run, Kidney March, Make a Wish, UoC Alumni Association, Calgary Ironman, Wildrose Women's Triathlon, Nurse's Week at Peter Lougheed Hospital, etc.









Volunteering at Wild Rose Women's Triathlon

### International Students

CITCM welcomes international students to study and experience exceptional learning at our college under one or more of the following programs:

- Acupuncture Diploma Program
- WE Integrated Orthopedic Massage Therapy, both 1113-hour and 2200-hour programs



CITCM programs are Designated Learning Programs and are therefore eligible to enroll foreign nationals on a study permit. We encourage all international students to apply as CITCM believes that having students from all countries and cultures can only benefit and enrich both the student and the college.

#### CITCM is a Designated Learning Institution in Canada (DLI No: 019256722732)

CITCM is a Designated Learning Institution as of June 1st, 2014. International students have several advantages to attending CITCM to study massage, acupuncture, or traditional Chinese medicine. In addition to exceptional education a foreign student will normally:

- Be able to work up to 20 hours per week off campus while studying at CITCM with a valid study permit;
- Be able to have provincial health care coverage while studying at CITCM;
- Pay the same tuition as Canadian students;
- Visitor/Work Permit holders may apply within Canada (check IRCC website for more details)

#### **International Student Application**

#### 1. Date of the Application Deadline

Our programs start every September. International students are advised to apply **at least 6 months before** to allow sufficient time for application acceptance and study permit process.

#### 2. Meet the admission requirements and Language Proficiency Requirements

English is the language of instruction in all programs at CITCM. All international students must meet the admissions requirements outlined in the Admissions section of the CITCM Student Handbook and meet the required English Language Proficiency requirement. To enable academic success all international student applicants are required to demonstrate communicative proficiency in the English language prior to admission acceptance at CITCM. To satisfy this, a student may need to provide one of the following:

- A TOEFL IBT score of 72 or higher with a minimum of 18 in each skill/category on the internet-based test. English Language Arts 30-1 equivalency.
- An IELTS score of 6.0 in each skill/category or higher. English Language Arts 30-1 equivalency.
- Successful completion of English, with a minimum course mark of 60%, including a minimum
  of three years of education at an English-speaking Canadian school or at a recognized
  International English-speaking school.
- Completion with a minimum course mark of 60% from post-secondary English or Communications course, including a minimum of three years of education at an Englishspeaking Canadian School or at a recognized International English-speaking school.
- A minimum score of 7 in Canadian Language Benchmarks Assessment (CLBA). The CLBA measures English proficiency in Listening, Speaking, Reading, and Writing.

#### 3. Prepare your finances.

The financial requirements of Immigration, Refugees, and Citizenship Canada (IRCC) must be met in all cases for International Students.

#### 4. Prepare your application documents.

Documents to be included in the application package:

- A Completed Application Form
- Copies of official transcript and diploma certificate of high school or post-secondary
- Letter of Intent (describing why you would like to study Acupuncture/TCM/Massage at CITCM)
- Two Letters of Reference (can be from past employers, instructors, etc.)
- A current photo identification card (ID Card)
- Documents that are not in English must be accompanied by an official English translation.

Please do not send your original documents to CITCM (transcripts and diploma certificates). Once you are admitted, you will be asked to submit the official transcripts.

#### 5. Application for a student visa.

If you are not a Canadian citizen or a permanent resident of Canada, you will require a study permit. Please check IRCC website about the requirements, eligibility, and processing time. Please include CITCM DLI number in your study permit application as required by IRCC.





### Faculty

Our faculty brings a wealth of expertise to CITCM, with many holding advanced degrees such as Master's or PhDs in Traditional Chinese Medicine and Acupuncture. Our instructors are highly accomplished professionals, including doctors, naturopaths, chiropractors, massage therapists, and physiotherapists, who bring a diverse range of healthcare perspectives.



Dr. Xia Cheng PhD., Dr. Ac.



Dr. Lanre Salami M.B.B.S., RMT



Dr. Jiao Huang M.Sc., Dr. Ac.



Dr. Juan Wang M.Sc., Dr. Ac.



Dr. Kathy Traptow B.P.H.E, B.Ed., Dr. Ac.



Dr. Min Gao M.Sc., Dr. Ac.



Dr. Cristiane de la Hoz PhD., Dr. Ac.



M.Sc., Dr. Ac.



Dr. Janice Patterson Dr. Jackie St. George-Rennie B.M.R.(PT), Dr. Ac.



Ricky Man Qi Gong Master



Dr. Bairu Wang Dr. Ac.



Dr. Gayle Maguire N.D



Dr. Punam Chohan M.Sc., Dr. Ac.



Dr. Yuanhua Liu Ph.D, Dr. Ac.



Dr. Louis Jin L.Ac.



Dr. Eryn Forsyth MSc., Dr. Ac.



Dr. Joelle Scott Dr. Ac.



Dr. Min Shi Dr. Ac.



Dr. Skye Teng B.Eng, Dr. Ac.



Dr. Amber Bridges RMT, Dr. Ac.



Fraser Dobson B.A, RMT



Chad Friel **RMT** 



**David Genert** RMT



Alejandro Chirinos B.A

### Administration

#### **Executive Director and Dean of Academics**

Dr. Xia Cheng, PhD, MD (China), R.Ac. Email: dr.cheng@citcm.com

#### Program/Office Manager

Mewah Susana, B.Mngt Email: mewah.susana@citcm.com

#### Office Administration

Crystal Cheung, M.Sc. Email: <u>admin@citcm.com</u>

#### **Admission Office**

Email: admission@citcm.com

#### **Dean of Student Services**

Dr. Kathy Traptow, BPHE, B.Ed, R.Ac Email: <a href="mailto:kathy.traptow@citcm.com">kathy.traptow@citcm.com</a>

#### Clinic TA Coordinator

Dr. Mariah da Silveira Email: <u>clinicta@citcm.com</u>

#### Receptionists

Jela Vister & Carlo Prado Email: <u>clinic@citcm.com</u>

#### **General Inquiries**

Email: info@citcm.com

### Advisory Board

CITCM has an advisory board composed of faculty, staff and interested members of the public.

The Board members are committed to the College's philosophies, goals and help to oversee the College's operations.

The advisory board members serve voluntarily and are an important part of the College's mission.

- Dr. Lanre Salami, MBBS, RMT
- Dr. Craig Young, B.Sc., DDS, C.M.Ac., Dentist
- Dr. Neetash Patel, B.Sc., D.C., Chiropractor
- Dr. Gayle Maguire, B.Sc., ND

### CITCM Acupuncture & Massage Intern Clinic

is a partner with BodyMind Synergy Health Centre.

The CITCM Intern clinic offers the unique opportunity for advanced students to practice Acupuncture, Traditional Chinese Medicine, and WE Integrated Massage Therapy. The Interns are supervised by experienced Doctors of Acupuncture and TCM or Registered Massage Therapist. Our interns also have the opportunities to observe at the BodyMind Synergy Health Centre, a professional clinic with Doctors of Acupuncture & TCM, at offsite/other approved Acupuncture/TCM clinics.

#### **Services:**

Acupuncture Treatments
Herbal Consultation & Prescription
Cupping
Guasha
Moxibustion
Relaxation Massage
Therapeutic Massage
Thai Massage
Tui Na Massage

Orthopedic Assessment & Treatment
Integrated Massage: full body massage plus cupping/gua sha/face massage/TMJ
Massage/reflexology/scalp massage.

Call for hours and more information

403.520.5258

Or book online: <a href="https://citcm.janeapp.com/">https://citcm.janeapp.com/</a> or scan the QR Code.





### Frequently Asked Questions

#### Are the CITCM programs accredited?

CITCM is licensed under the Private Vocational Schools Act and approved program by the College of Acupuncturists of Alberta (CAA). CITCM is also granted as a Canadian Branch College of Chengdu University of Traditional Chinese Medicine (CDUTCM), or "CBC-CDUTCM", since 2021 which allows students to complete a bachelor's degree education of TCM via collaboration between CITCM and CDUTCM.

#### How long per day will I have to study?

On average most students spend approximately 4 hours in class in the morning and about 2 -3 hours daily studying and completing assignments after normal class time. In addition to class time, there is a total of between 4 (1st & 2nd years) to 8-10 hours (3rd & 4th years) of clinic practicum per week in the afternoon.

#### Can I work while going to school?

Yes. Currently, lectures for the Acupuncture and DTCM program are scheduled in the morning during weekdays (there are a few exceptions to this). WE Integrated Orthopedic Massage programs are scheduled two days/week for practical classes. These schedules allow students to obtain part-time employment during the school year to help with their finances.

#### When I complete the program can I run my own clinic?

Yes. That is the route that many graduates have taken and CITCM will help train you for that through the business courses that are part of the curriculum. Many graduates also find positions in acupuncture/TCM clinics, or as well as other health professions, such as chiropractor, physiotherapist, family doctor other multi-disciplinary health clinics.

#### Who are the regulatory bodies of acupuncture/TCM professions in Canada?

There are five provinces in Canada that regulate acupuncture and/or TCM profession:

- Alberta College of Acupuncturists of Alberta <a href="http://acupuncturealberta.ca/">http://acupuncturealberta.ca/</a> Alberta regulates acupuncture only. The professional title of acupuncture practitioner in Alberta is Doctor of Acupuncture, Dr. Ac., Registered Acupuncturist, or R. Ac.
- British Columbia College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia - <a href="http://www.ctcma.bc.ca/">http://www.ctcma.bc.ca/</a>: British Columbia regulate both acupuncture and TCM. The professional title in BC for acupuncture and TCM practitioners are as following: Registered Acupunctrist, R. Ac, TCM practitioner, or TCMP, TCM Doctor, or TCMD.
- Ontario College of Traditional Chinese Medicine Practitioners and Acupuncturists of Ontario – <a href="https://www.ctcmpao.on.ca/">https://www.ctcmpao.on.ca/</a>: Ontario regulate both acupuncture and TCM. The professional title in OT for acupuncture and TCM practitioners are as following: Registered Acupuncturist, R.Ac. and TCM practitioner, or TCMP.

- Quebec Association des Acupuncteurs du Quèbec <a href="http://www.acupuncture-quebec.com/en/discover-acupuncture/acupuncture-profession.html">http://www.acupuncture-quebec.com/en/discover-acupuncture/acupuncture-profession.html</a>: Quebec regulate acupuncture, the professional title for acupuncture profession in Quebec is Registered Acupuncturist, or R. Ac. (need to read more)
  - Newfoundland College of Traditional Chinese Medicine and Acupuncture of Newfoundland and Labrador <a href="http://ctcmpanl.ca/">http://ctcmpanl.ca/</a>: Newfoundland regulate both acupuncture and TCM.

#### What are the minimum requirements of education to get an acupuncture license in Alberta?

To be enrolled in approved acupuncture training/school by CAA under acupuncture/TCM program that includes a minimum of 1,600 study hours that meets the criteria set out below:

- At least 500 of those hours are dedicated to clinical instruction.
- During the 500 clinical hours, students see a minimum of 200 patient visits.
- Out of the 200 patient visits, at least 50 are new patients (or 20 new patients & 30 case studies).

#### What are the requirements to get an acupuncture license in Alberta?

Acupuncture is a regulated profession in Alberta and 4 other provinces in Canada. This regulation ensures public safety and competence of practitioners by requiring licensees to meet specific educational and examination and other requirements.

To qualify to practice acupuncture in Alberta you need to be licensed as a Doctor of Acupuncture or Registered Acupuncturist through the College of Acupuncturists of Alberta (CAA).

To obtain the acupuncture license, you need to pass the following exams:

- Pan Canadian Acupuncture Licensing Exam (PCEs): Multiple Choices and Case Study
- CAA Safety Exam
- CAA Modalities Exam
- CAA Acupuncture Points Exam

Only people who passes the above exams as well as meet all the other requirements such as completion of acupuncture program/diploma, practice insurance, policy records, English language requirements, first Aid and CPR, etc. Check CAA website for more: acupuncturealberta.ca

### Which organizations are responsible for administering the Pan-Canadian Acupuncture/TCM licensing exam?

College of Acupuncturists of Alberta (CAA) and Canadian Alliance of Regulatory Bodies of Traditional Chinese Medicine Practitioners and Acupuncturists (CARB-TCMPA).

#### Steps to Become a Doctor of Acupuncture Acupuncture Licensing Completion **Doctor of** Registrations Exams of Program Acupuncture **Program** • Enrolled in • Complete PCE & Obtain diploma Apply for license Receive CAA's Acupuncture AARE exams in the and complete 200 through CAA practice license, officially become a program last year of the treatment counts. · Requirements for Select a school program or upon licensing Doctor of Acupuncture accredited by graduation College of Acupuncturists of Letter of standing Application form & fees Alberta (CAA) Proof of citizenship or work permit Sexual abuse & misconduct training Professional liability insurance Credentials of acupuncture education Criminal & vulnerable sector check Currency of practice 2 references Fitness to practice https://www.acupuncturealberta.ca/ First aid & CPR English language requirements applicants/applications/

### I am a western trained health professional; will I receive advanced standing into the Doctor of Acupuncture/Doctor of Traditional Chinese Medicine program?

CITCM encourages doctors, nurses, or any other health professionals to apply to the Double Major Diploma Program. As a trained health practitioner, it is possible that you will receive up to 1000 hours (medical doctors) of credit transfers for both theory and clinic practicum towards the Double Major Diploma Program. With this, you may be able to complete the four-year program in three years (credit transfer assessment policy and fee apply). For other health practitioners who wish to further their career into practice of acupuncture/TCM, you have the advantages to transfer credits for both theory classes as well as some clinical hours, that will possibly allow you to graduate from the program two or more semesters early (credit transfer assessment policy and fee apply).

#### As CITCM graduate, can I practice anywhere in Canada?

Yes, you can. CITCM double major acupuncture/TCM curriculum meets the requirements of educational hours of across Canada. Which means that as a graduate from CITCM, you are eligible to attend exams including Acupuncture licensing, TCMP or TCMD licensing at any provinces where acupuncture, TCM are regulated. You will have to pass the licensing exams as the following: the Pan-Canadian Entry-level Examinations for Acupuncturists registration exams to be licensed as a Doctor of Acupuncture in Alberta, or Registered Acupuncturist in other provinces to practice Chinese herbal medicine, you will have to pass Pan Canadian Entry Level Examination for herbalist. Under federal labor

mobility act, you may transfer your license to other provinces through their regulatory bodies.

Currently there are 5 provinces that regulate acupuncture and/or traditional Chinese medicine and herbs. These are Alberta, British Columbia, Ontario, Quebec, and Newfoundland.

Each province determines the professional requirements to allow Acupuncture and traditional Chinese medicine (Acupuncture/TCM) practitioners and doctors to legally practice. To aid the provinces in this procedure and to create a national standard for Acupuncture/TCM Ontario, British Columbia, and Human Resource Development Canada produced the Pan-Canadian Acupuncture and traditional Chinese medicine exams. Currently there are three exams that are now offered based on the professional title and designations which are: Doctor of Acupuncture/Licensed or Registered Acupuncturist, Registered TCM Herbalist, Traditional Chinese Medicine Practitioner.

Alberta, Ontario, British Columbia, and Newfoundland are all utilizing the Pan Canadian Examinations. Quebec has a different method of regulation.

#### As a graduate from the CITCM, am I able to practice in the United States?

CITCM graduates will be able to practice in United States if they pass the required licensing exam in the United States. Through assessment process by The International Consultants of Delaware Inc., CITCM graduates are able to have the transcript assessed and determined to be eligible to challenge the acupuncture exams to practice in most states in the USA through NCCAOM.

#### As a graduate from the CITCM, am I able to practice internationally?

Every country (or possibly every jurisdiction, state, or province within a country) may have different regulations for professional practice. It is up to the practitioner to research international employment and regulations. CITCM graduates with bachelor's degree from CDUTCM are may be able to write exams internationally such as in USA, Singapore, Thailand, Germany. Students must pursue their own inquiry into each country regulations.

#### Which association I can join as member and what are the benefits of joining an association?

Alberta Association of Acupuncturists and Traditional Chinese Medical Doctors (AAATCMD) is founded to represent the members in liaison with Alberta government in the process of establishing legislation for Traditional Chinese Medical Doctors in Alberta. They also promote the recognition of the profession of Traditional Chinese Medical Doctor among the public and maintain the professional standards of practice of Traditional Chinese Medicine among our members.

Members receive access to AAATCMD benefits, which include:

- Continuous improvement of your professional skills via our monthly continuing education forums.
- Exclusive access to online webcasts of select professional development forums.
- Subscription to AAATCMD newsletter, highlighting events that are newsworthy for Acupuncture Professionals.
- Inclusion in AAATCMD member database.

CITCM students are encouraged to become the student membership to get involved and updates in Acupuncture/TCM regulations and access to student membership benefits: access to TCM talks/webinars, Shennong scholarships, etc. Website link: <a href="https://aaatcmd.ca/">https://aaatcmd.ca/</a>

## Register Today Call 403.520.5258

#### **Contact CITCM Admission Team**

Email admission@citcm.com or Phone: 403.520.5258

Visit us at: <u>www.citcm.com</u>

For general questions, email us at: info@citcm.com

Application forms are available online or scan the QR code below.

### Call us to book for in-person info session & tour!

**CITCM** 

Two Executive Place, 300-1824 Crowchild Trail NW Calgary AB T2M 3Y7









The Canadian Institute of Traditional Chinese Medicine makes every reasonable effort to ensure the accuracy and validity of the information provided in this booklet. The Canadian Institute of Traditional Chinese Medicine reserves the right to update and modify information provided in this booklet at any time without notice.