



WE Integrated Orthopedic Massage

2026 – 2027 Program Information & Application Guide



What is the WE Integrated Philosophy?

Our belief is that the blend of
Western medical knowledge with
Eastern healing wisdom offers the
best health practice.

Leading in Integrated Healthcare Education since 2004.

Canadian Institute of Traditional Chinese Medicine (CITCM)

Two Executive Place, Unit 300 1824 Crowchild Trail NW, Calgary AB

citcm.com • Phone 403.520.5258 • Email info@citcm.com

**FEEL
ESSENTIAL**

**FOLLOW
YOUR PATH**

**ENRICH
YOUR LIFE**

CITCM—the Canadian Branch College of CHENGDU UNIVERSITY OF TRADITIONAL CHINESE MEDICINE (CBC-CDUTCM)



We are very proud that since 2021, CITCM has officially become the first and the only Branch College of Chengdu University of Traditional Chinese Medicine (CDUTCM) in North America! We are incredibly honored to be affiliated with CDUTCM, one of the oldest and most prestigious TCM universities in China. This partnership will provide countless opportunities for CITCM students!



Chengdu University of Traditional Chinese Medicine, Chengdu, Sichuan, China

<http://www.cdutcm.edu.cn>

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Welcome from the Executive Director



I welcome you to join us at CITCM, also the Canadian Branch College of Chengdu University of TCM (CBC-CDUTCM), where we take a cutting edge and dynamic approach to integrated healthcare career training and education.

As you progress through the Doctor of Acupuncture, Doctor of TCM, and the WE Integrated Orthopedic Massage program, taught by the highly accomplished professionals, you will be prepared to start a career in one of the fastest growing fields in the natural medicine industry.

As society begins to understand the true benefits of natural healing and holistic lifestyles, they are turning to time proven treatments of Acupuncture, Chinese herbal medicine and manual therapy which have been practiced for thousands of years. You can be at the forefront of this evolution with the knowledge and skills that you obtain via your study at CITCM.

CITCM is constantly reviewing and updating its curriculum to keep us to be the leading educational institute in the field. We have developed additional programs and certifications including WE integrated orthopedic massage, and orthopedic sports acupuncture certification, to name a few. CITCM also provides the opportunity to obtain a Bachelor's degree from the collaboration with Chengdu University of Traditional Chinese Medicine.

Come and enjoy the experience of learning acupuncture, herbology, TCM and massage in a dynamic educational environment, and our natural beauty of Canadian Rockies as well as western hospitality as you begin your exciting new career path and life journey.

Welcome to join CITCM, CBC-CDUTCM!

A handwritten signature in black ink, appearing to read 'Xia Cheng'.

Dr. Xia Cheng

Doctor of Acupuncture, DTCM

PhD in Medicine

About Dr. Cheng

Dr. Cheng earned her Bachelor's Degree in TCM and Western Medicine in 1983 from the Hunan University of TCM. She did further study at Tianjin University of TCM, culminating in 1987 with a Master's Degree in Medicine and Acupuncture. In 1990, she received her PhD in Medicine from the Chengdu University of TCM, with a specialty in Acupuncture and Chronomedicine.

Dr. Cheng worked as a professor at Beijing Union University TCM College, and Beijing Acupuncture College where she instructed foreign students. She has translated several publications and is a published author of several TCM works. Prior to immigrating to Canada, Dr. Cheng worked as visiting professor in Canada, Denmark and practiced in Luxembourg. Dr. Cheng has over 40 years of clinical experience as a TCM Doctor and Doctor of Acupuncture with specialties in women's health, digestive and neurological disorders.

In September 2004, her long-time dream of opening a school of TCM with high standard was realized with the opening of CITCM, which she is proud to be the Executive Director.

Dr. Cheng is also the Director of the BodyMind Synergy Health Centre and Vice President of Alberta Association of Acupuncturists of TCM Doctor (AAATCMD) who actively involves in the process of regulating TCM in Alberta. She is currently a guest professor in CDUTCM, she also teaches various TCM workshops.

About CITCM, CBC-CDUTCM

In 2004, when Dr. Xia Cheng established CITCM in Calgary, Alberta, she believed that quality education builds the success of the profession, as well happiness is often achieved by reaching out and helping those in need. She wanted to share her knowledge and passion for natural medicine including acupuncture, Chinese herbal medicine, massage, and nutrition with students interested in Eastern wisdom and philosophy. She also wanted to share her approach to heal the body via physical, psychological, and emotional aspects to create healthier and happier individuals and communities.

As one of Canada's premier Acupuncture and TCM Colleges, CITCM's curriculum challenges the brightest minds. Under the guidance of the WE integrated philosophy, CITCM's unique educational model emphasizes study of both Eastern and Western medical knowledge, combining theory with hands-on practice, as well as a compassionate community focus for an enriched learning experience.

Mission Statement

At CITCM, we train highly skilled Doctors of Acupuncture, Traditional Chinese Medicine Practitioners, and Massage Therapists utilizing an interactive positive learning environment with experienced, enthusiastic, caring, and knowledgeable faculty.

We promote the integration of Traditional Chinese Medicine with Western Medicine. We strive to treat patient illness and maintain health and wellbeing through natural medicine. We educate our students, patients, and community understand and view the body, mind, and spirit as a whole.

“CITCM – Where Quality Education Builds Your Future Success”

CITCM Core Values

Kindness

Confidence

Integrity

Diligence

Accountability

Passion

Optimism

Wisdom

Programs

CITCM offers the following programs:

- **1113 hours and 2200 hours WE (Western/Eastern) Integrated Orthopedic Massage**
- **Double Major Plus Diploma (Doctor of Acupuncture/DTCM and 2200-Hour WE Integrated Orthopedic Massage)**
- **Acupuncture Diploma**
- **Double Major Diploma (Doctor of Acupuncture & Doctor of TCM (DTCM))**
- **Bachelor of Traditional Chinese Medicine**

We encourage, empower, and support our students' different learning characteristics, so that each student has the best resources available in order to succeed. Our caring and knowledgeable core faculty hold MDs, Masters and Doctorates in Acupuncture and Traditional Chinese Medicine or currently practice as accomplished professionals in the natural healthcare field. CITCM believes that holistic natural medicine is the future of health and wellness.



CITCM Graduation 2025

Program Delivery & Schedule

Course Delivery

Theory courses are mostly online asynchronous or in a blended format that combines in-person and online learning. Hands-on or practical courses are primarily conducted in person to ensure essential hands-on experience which is scheduled two days in a week for these courses.

Class Schedule

In person classes are typically held Wednesdays and Thursdays, between 4-8 hours per day depending on the course and term.

Clinical Practicum

The clinical practicum is a vital part of the program, providing supervised, real-world experience. Practicum sessions are scheduled outside of regular practical class hours, on Mondays / Tuesdays / Fridays 12:30 PM – 8:30 PM, for 6 – 8 hours per week.

Term Structure

Each term consists of 13 weeks of classes and 15 weeks of clinical practicum:

- **Fall Term:** Classes – after the Labor Day to 1st week of December; Clinic – until mid-December
- **Winter Term:** Classes – 1st week of January to end of March; Clinic – until mid-April
- **Spring Term:** Classes – 3rd week of April to 3rd week of July; Clinic – until 1st week of August

Enrollment Semesters

CITCM accepts applications twice a year – Spring (April) and Fall (September).

- **Spring Intake (April):** First-term courses are delivered asynchronously online, with three scheduled in-person sessions during the term. Starting from the second term in the Fall, students will start the hands-on classes 2 days per week along with online course for the remainder of the program.
- **Fall Intake (September):** Students begin with 2 days a week for in-person classes along with online courses from the very first term and continue this schedule throughout the program.

Reasons to Choose CITCM for Your Education

CITCM offers a well-rounded massage program that integrates both eastern and western modalities.

- ✓ **Western & Eastern Modalities**

Trained in both practices of Western orthopedics/therapeutics and Eastern massage principles of acupressure and other modalities such as cupping, gua sha, reflexology, scalp massage, Tui Na, Thai massage, and more! Graduates leave with a diverse and highly sought-after skill set that opens doors to various career opportunities.



- ✓ **Orthopedic Massage Focused**

CITCM offers one of the best 2200 hours Western & eastern Integrated Orthopedic Massage program (WE-IOMP) with a unique and comprehensive approach to massage therapy. The program is two years in length which not only meets the entry level massage competency requirements within the industry but also combines the superlative western and eastern massage techniques for the finest clinic outcome.

- ✓ **Orthopedic Massage Assessment**

CITCM's WE-IOMP emphasizes Orthopedic Assessment as a foundation to identify musculoskeletal dysfunction and to accurately monitor the treatment progress. This makes the study of massage therapy paramount to any other massage training programs.

- ✓ **Flexible Learning Schedule**

Practical classes and clinic practicums are held only 2–3 days per week, making the program accessible for students balancing other commitments.

- ✓ **Varied Career Opportunities**

Set your own time and schedule! Graduates enjoy the flexibility to set their own schedules and work in a variety of settings, including multidisciplinary clinics, wellness spas, resorts, and home-based practices.

- ✓ **High Employment Rate**

Our 2200-hour massage program boasts over 90% employment rate, with graduates in demand across the massage therapy industry.

- ✓ **Approved Programs & Eligible for Student Loans & Grants**

CITCM and the WE Integrated Orthopedic Massage Programs are licensed by Alberta Advanced Education and recognized by some of the largest associations: the National Health Practitioners of Canada (NHPC), CMMOTA, etc. Students are eligible to apply for student loans and grants in Canada.

WE (Western & Eastern) Integrated Philosophy

The CITCM unique programs integrate Western and Eastern knowledge of healthcare for an enriched learning experience.

The WE Philosophy Promotes

- That to be aware of our own health and lead a lifestyle that fosters and supports our own wellbeing, paired with a willingness to help others is as important and integral to our success in this health care field, as our knowledge and skills.
- Understanding the philosophy of Orthopedic principles combined with the foundational knowledge of Acupressure, Chinese Medicine, and Eastern healing methods is fundamental in that its framework is our guiding principle towards understanding the individual, both physiologically and psychologically.
- This deeper understanding of WE Philosophy allows the practitioner to determine the best strategies to assist and promote the body's natural healing process.
- Wellness means achieving harmony in the health of the body, mind, and spirit. All are interrelated and to restore health in all three is essential for total wellness.

The *WE Integrated Philosophy* also promotes compassionate care. The WE-IOMP develops each student's intrinsic ability to help the body heal. Based on loving kindness, CITCM believes that it is the individual that makes the difference in lives. The key to offering superior client care is beholding client care with the innate intention to make him or her better. Guidance to inner peace through Eastern healing wisdom and balancing arts assists students, the future practitioner to deliver personalized compassionate treatments.



Wildrose Women Event – Indoor Triathlon 2024

Why We Teach WE Integrated Massage

Massage, as an ancient therapeutic bodywork method, has been used successfully for thousands of years to treat a wide variety of illnesses. You receive additional skills and knowledge to make you a better massage therapist.

WESTERN modalities, current medical and scientific research and innovations in health and wellness are essential components of holistic client care. The integration of **EASTERN** therapies incorporates the knowledge of harmonizing and balancing the essential elements throughout the body. Application of both western and eastern massage techniques brings more benefit for patients. As a health practitioner, more skills equal more client satisfaction and more success.



WE-IOMP Offers

- Orthopedic Sport Medicine
- Therapeutic Massage
- Swedish Massage
- Deep Tissue massage for rejuvenation
- Pediatric massage
- Biomedicine Foundations
- Nutrition & Food therapy
- Eastern Medicine Foundations
- Acupressure
- Gua Sha
- Cupping
- moxibustion
- Tui Na
- Meridian Therapy
- Kinesiology



Holistic Approach

The WE Integrated Orthopedic Massage Program provides the groundwork and knowledge to create a clear picture for treatment of your client's health related conditions and concerns. CITCM's Fulfilled Learning environment gives you more than a massage education, it gives a lifestyle and skills for lifelong learning.

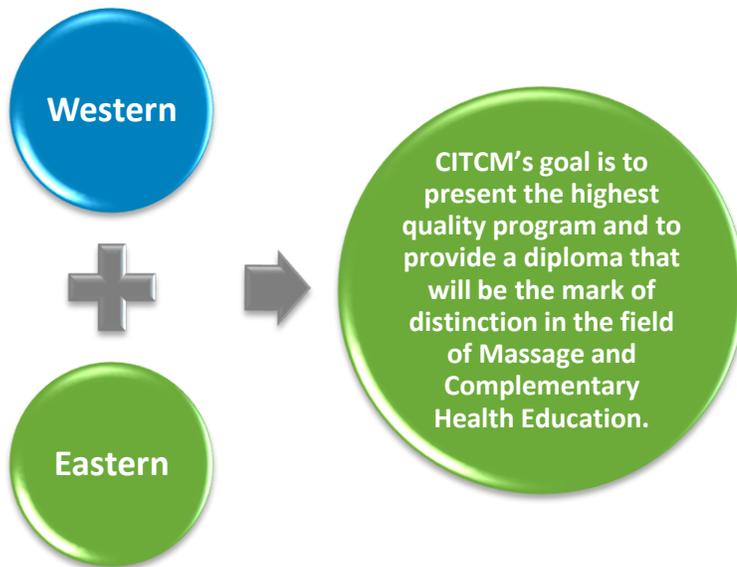
Health, Happiness, Harmony

The WE Integrated Orthopedic Massage Program follows the principles of the 3H's: Health, Happiness and Harmony. This is an integrated lifelong practice of attaining optimal health by reducing illness and increasing strength through activity and nutrition.

Harmony is found through balancing wants and needs; work and rest; desire and contentedness. When you have harmonized your inner peace with your physical body and spirit, then you can truly be happy. Happiness is the acceptance of one-self and of others and releasing expectations of what life offers. Recognizing that happiness comes from health and harmony, just as harmony comes from happiness and health.

When you live using these values, then you can share the 3H principles as a holistic health practitioner.

Advantages of WE-IOMP



- WE Philosophy guided education and learning experience.
- Deliver compassionate, well-rounded care
- Weekday classes for core academic schedule
- Massage Modules condensed into shorter time on some Saturdays
- Learn from experts in Massage, Acupuncture, TCM and other complementary health care fields
- Practicum opportunities to promote employment
- Transfer credits into the Acupuncture and Traditional Chinese Medicine program
- Outstanding herbal nutrition and food therapy curriculum
- Practical business training and career planning assistance
- Professionally trained and/or university educated instructors
- Continued alumni support after graduation.

Focus on Student Success

We asked our students what they liked about CITCM...

- "The small practical class size that allows for more one-on-one learning and discussion."
- "Instructors are easy to approach and willing to help if you have any problem."
- "Great teachers who show a strong interest in students doing well."
- "Very knowledgeable instructors who share their experience."
- "Great classmates."
- "Online access to lecture notes and practice quizzes."
- "The clinic is located within the school."
- "Students are learning as well as having some fun at the same time."
- "Positive learning environment."
- "A rigorous program with a relaxed atmosphere."

You are Fully Prepared

- CITCM students begin their clinical practice in the second semester and continue practicing until graduation.
- Students gain the confidence to diagnose and treat independently from the clinic training and mentorship experiences.
- CITCM offers business management training so that you are ready to setup your own practice when you graduate.

Student E-Resource

This interactive multimedia system includes class power point, class notes, question banks, case studies, video clips, discussion forums and many other resources to help students in their study. It provides an online route for students to communicate with instructors and access class information.

Team and Individual Learning

Small class sizes allow for more focused on hands-on training, as well as one-on-one interaction with teachers. Throughout the program, the goal is to empower students to establish a life-long learning style and optimum professional competency.

Personal Growth

At CITCM you get more than an education, you get a way of life through mentorship, collaboration and learning different perspectives. CITCM students receive essential skills to fulfill their mind, body, and soul.

Everyone is welcome: The diverse backgrounds of the students and instructors bring enlightenment to nutrition, exercise, relaxation, inner peace, relationships and understanding of their surroundings.

Family and friends: Support is an integral part of your growth and happiness, CITCM encourages a school/life balance.

Fulfilled Learning: The world around you is your classroom and continuous learning and growing is a way of life.

Full circle: Practicing complementary healthcare modalities not only enriches your life but also the people that surround you.



Double Major Plus Program (Doctor Acupuncture/DTCM plus 2200-Hour WE Integrated Orthopedic Massage)

The fusion of the three programs uses overlapping classes to accelerate the process of study for acupuncture, TCM and massage, saving one year of study.

This program provides graduates with several tools to start a successful practice as an Acupuncturist, Doctor of Traditional Chinese Medicine, and Orthopedic Massage Therapist. Additionally, the WE Integrated Massage diploma may be awarded upon completion of all its requirements prior to completion of the Acupuncture/DTCM program.

This will help students to start their career as a complementary health care provider while still in the process of completing the Acupuncture/DTCM program.



Continuing Education Unit (CEU)/ Continuing Competency Program (CCP)

CITCM brings world famous experts and their knowledge to you with weekend seminars and workshops. Please check our website to see what upcoming Continuing Education seminars are available.



Acupuncture Meridians & Myofascial Lines Workshop



CITCM Workshops 2024-2025

Massage Curriculum Synopsis

Massage Diploma Program (Year 1 & 2)

- Anatomy & Physiology (1 & 2)
- Surface Anatomy
- Medical Terminology
- TCM Foundations (1, 2, 3)
- Arthrology & Myology (1 & 2)
- Tui Na Techniques
- Tui Na Therapeutic
- Western Massage (1, 2, 3)
- Applied Kinesiology
- Orthopedic Foundation
- Advanced Massage (1, 2, 3)
- Eastern Massage 1 & 2 (Thai Massage, Scalp Massage & Reflexology)
- TCM Preventative Medicine & Diet Therapy
- Western Nutrition
- Biomedicine (1, 2, 3)
- Neurology
- First Aid & CPR Level C
- Ethics & Communications (1, 2, 3)
- Hydrotherapy
- Business Management (1, 2, 3)
- Massage Research
- Onsite Clinical Practicum
- Offsite Clinical Practicum



* *Curriculum synopsis subject to change*

The majority of theory courses are offered online to allow our students to learn at their own pace. Students have full support from CITCM instructors and administration for their success in the program, through the estudy website, online course materials (PPTs, quizzes, assignments), lecture videos, class forums, email communications, and much more.

Practical classes are delivered onsite by our knowledgeable and experienced instructors. With the onsite class schedule is set typically at 2-3 days a week, CITCM students has a lot of flexibility to manage their time for work, family, and study outside campus.

Admission and Application

Enrollment Semesters

Select your enrollment start: Spring or Fall term. Seats are limited, and applications will be closed once all spots are filled. To secure your place in the program, a non-refundable deposit of \$500 is required within 2 weeks after the acceptance package is sent out. This deposit will be applied directly to your tuition account.

Admission Requirements

To be eligible for admission into CITCM, all applicants must meet the following criteria:

- Students must be 18 years of age by the end of the first year of study.
- Proof of high school or post-secondary diploma/transcript.
- A successful info session & interview with the admission officer.
- During the interview, applicants who are assessed as lacking sufficient English proficiency to succeed in the program will be required to provide proof of a passing score on an approved English language proficiency test or meet one of the following criteria:
 - A TOEFL IBT score of 46 or higher with a minimum of 11 in each skill/category on the internet-based test.
 - An IELTS score of 5.5 in each skill/category or higher.
 - A minimum score of 6 in Canadian Language Benchmarks Assessment (CLBA) or 50 in Canadian Academic English Language Assessment (CAEL).
 - Completion of a course/training of English Language Arts 20-1 or 20-2
 - Duolingo English Test score of 95 to 105 with at least 95 in each individual subscores.
 - Completion of minimum 2 semesters of post-secondary program delivered in English in Canadian public college/universities.

Scan here to start your application



Application Checklist

- Completed Application Form
- Official high school transcript, or official transcripts of all post-secondary if applicable
- Updated personal resume
- A letter of intent

Transfer Students & Transcript Assessment (Transfer Credit)

If you have previously completed education at an accredited post-secondary institution, you can apply to have your past course work assessed. This assessment service is offered to all CITCM students for a fee.

To be considered, the following criteria must be met:

- Previous grades must be 60% or higher.
- All relevant courses must have been completed within the past 5 years or practicing in related industry/as healthcare practitioners within the past 5 years. Other related factors may be evaluated case on case basis.
- Course credit hours are at least equivalent to CITCM courses.

- Course curriculum must be 70% of the required hours matched to CITCM courses.
- Detailed course syllabus and learning outcomes from your previous institution.
- CITCM has a 50% residency rate. Applicants can request credit transfer for up to 50% of any CITCM program. The remaining 50% must be taken at CITCM to qualify for graduation.

When submitting foreign documentation for transfer credit evaluation, please provide transcripts and the detailed course outlines translated to English by an official translator.

Credit Transfer for Health Professionals

Health practitioners who have western medicine training background may shorten the duration of the Doctor of Acupuncture/Doctor of Traditional Chinese Medicine program at CITCM through credit transfer. Successful credit transfer applicants will receive tuition deduction (see transfer credit requirement and policy). CITCM reviews each applicant's credentials individually. Please contact CITCM Registrar for further details regarding this opportunity.

Application Submission

Completed application can be submitted via online application form. Go to citcm.com and click "Register Now" button or scan the QR code here.

https://citcm.orbundsist.com/einstein-freshair/application/online_application_form.jsp?id=19&aid=57

Scan here to start your application



Applicants may be contacted to schedule an interview. The interview may be in person or by phone if she/he is from out of town or country. An acceptance letter will be sent to successful applicants for official enrollment.

- A \$500.00 registration deposit is required to reserve admission and is payable within 14 days of receiving notification of acceptance. The \$500.00 registration deposit paid with the signed student contract. The \$500.00 registration deposit will be applied to total tuition account.
- **Note:** The \$500.00 registration deposit is forfeited if the applicant withdraws after reserving the admission, *if* longer than four business days have passed from signing the student contract, whether classes have commenced or not.
- *Private Vocational Training Regulations* related to tuition, registration fees and refunds are excerpted below. Please see the complete document at the following link. http://www.qp.alberta.ca/documents/Regs/2003_341.pdf

Tuition

We are confident that CITCM brings the most value for your tuition.

Full Time Program	Annual Tuition Fee
Acupuncture Diploma	\$11,900
Double Major Diploma - Acupuncture & DTCM	\$11,900
Double Major Plus Diploma - Acupuncture & DTCM Plus Massage	\$11,900 (plus \$6600/year for the 1st two years)
WE Integrated Orthopedic Massage Therapy Diploma	\$11,900

CDUTCM Bachelor Degree Program	Annual Tuition Fee
Double Major Diploma - Acupuncture & DTCM	\$11900 (Year 1-4)
CDUTCM 18 Weeks of Internship	\$5000 (Year 5)

Part Time Program	Fee Per Credit
Acupuncture/TCM/Massage Therapy Courses	\$210/credit

Note: tuition fee does not include books/supplies if any. For bachelor degree program, the accommodations/flights/living costs are not included in the tuition fee.

There is no CITCM tuition increase once the student enters the program.

The tuition includes the following services:

- Quality instructional and clinical curriculum delivery
- 24/7 online study supporting system
- Preparation and mock exam for Pan-Canadian TCM Acupuncture Registration exam

Scholarship

CITCM is dedicated to supporting our students in achieving their educational and career goals. We offer a variety of scholarships to help finance your studies in acupuncture, Traditional Chinese Medicine, and massage therapy programs with over \$10,000 in awards available annually. These scholarships are primarily open to Acupuncture, Double Major, and WE Integrated Orthopedic Massage students.

- Academic Excellence Award
- Clinical Excellence Award
- Orthopedic Massage Scholarship
- Bachelor's degree Bursary
- CDUTCM Bursary for bachelor's degree internship
- And more.

Facilities

Campus

CITCM is located at Two Executive Place, 300 1824 Crowchild Trail NW in the beautiful city of Calgary. The 10,000 square feet of space is home to a state-of-the-art campus which includes professional treatment rooms, classrooms, a massage room, a lounge with a balcony allowing a view of the Rocky Mountains, an herbal pharmacy, and a comfortable waiting room for patients and guests.

CITCM is a five-minute walk from McMahon Stadium and the University of Calgary is nearby. It is close to several major bus routes and the Banff Trail C-train station, a major shopping mall; parking is available off and on site.



Onsite and Offsite Clinic

Intern students can gain practical experience under the guidance of supervisors in a professional clinic onsite and offsite campus. Onsite clinic shifts are available Monday-Saturday between 4-8 hours a week. Interns also have opportunities to work and experience with various patients at our offsite community clinics as part of the learning and be able to contribute the time, skills, and knowledge to Calgary's most vulnerable.

The Alex Community Centre

2840 2 Ave SE, Calgary, AB, T2A 7X9
<http://www.thealex.ca/>

Shalem Society for Senior Citizens Care

3010 51 St SW #101, Calgary, AB T3E 6V8
<https://www.shalem.ca/>

Orthopaedic Massage Consultants

Suite #228, 4411 16 Ave NW, Calgary, AB T2T3W2
<http://orthopaedicmassageconsultants.com/>

The Mustard Seed

1010 Centre St S, Calgary, AB T2G 1B3
<https://theseed.ca/>

Calgary Drop-In Centre

1 Dermot Baldwin Way SE, Calgary, AB T2G OP8
<https://www.calgarydropin.ca/>

Offsite Community Events

Other than practicing in clinical settings, CITCM also actively participates in various offsite community events to allow students to gain experience and opportunities to give back to the community. In the past we had massage booths in some events such as Women's Run, Kidney March, Make a Wish, UoC Alumni Association, etc.



One Massage Conference & Indoor Sport Event 2024

International Students

CITCM welcomes international students to study and experience exceptional learning at our college under one or more of the following programs:



- Acupuncture Diploma Program
- WE Integrated Orthopedic Massage Therapy (1113-hour and 2200-hour programs)

All CITCM programs are Designated Learning Programs and are therefore eligible to enroll foreign nationals on a study permit. We encourage all international students to apply as CITCM believes that having students from all countries and cultures can only benefit and enrich both the student and the college.

CITCM is a Designated Learning Institution in Canada (DLI No: O19256722732)

CITCM is a Designated Learning Institution as of June 1st, 2014. International students have several advantages to attending CITCM to study massage, acupuncture, or traditional Chinese medicine. In addition to exceptional education a foreign student will normally:

- Be able to work up to 20 hours per week off campus while studying at CITCM with a valid study permit;
- Be able to have provincial health care coverage while studying at CITCM;
- Pay the same tuition as Canadian students;
- Visitor/Work Permit holders may apply within Canada (check IRCC website for more details)

International Student Application

1. Date of the Application Deadline

Our programs start every September. International students are advised to apply **at least 6 months before** to allow sufficient time for application acceptance and study permit process.

2. Meet the admission requirements and Language Proficiency Requirements

English is the language of instruction in all programs at CITCM. All international students must meet the admissions requirements outlined in the Admissions section of the CITCM Student Handbook and meet the required English Language Proficiency requirement. To enable academic success all international student applicants are required to demonstrate communicative proficiency in the English language prior to admission acceptance at CITCM. To satisfy this, a student may need to provide one of the following:

- A TOEFL IBT score of 72 or higher with a minimum of 18 in each skill/category on the internet-based test. English Language Arts 30-1 equivalency.
- An IELTS score of 6.0 in each skill/category or higher. English Language Arts 30-1 equivalency.
- Successful completion of English, with a minimum course mark of 60%, including a minimum of three years of education at an English-speaking Canadian school or at a recognized International English-speaking school.
- Completion with a minimum course mark of 60% from post-secondary English or Communications course, including a minimum of three years of education at an English-speaking Canadian School or at a recognized International English-speaking school.
- A minimum score of 7 in Canadian Language Benchmarks Assessment (CLBA). The CLBA measures English proficiency in Listening, Speaking, Reading, and Writing.

3. Prepare your finances.

The financial requirements of Immigration, Refugees, and Citizenship Canada (IRCC) must be met in all cases for International Students.

4. Prepare your application documents.

Documents to be included in the application package:

- A Completed Application Form
- Copies of official transcript and diploma certificate of high school and post-secondary
- Letter of Intent (describing why you would like to study Acupuncture/ Massage)
- Two Letters of Reference (can be from past employers, instructors, etc.)

Documents that are not in English must be accompanied by an official English translation. Please do not send your original documents to CITCM (transcripts and diploma certificates). Once you are admitted, you will be asked to submit the official transcripts.

5. Application for a student visa.

If you are not a Canadian citizen or a permanent resident of Canada, you will require a study permit. Please check IRCC website about the requirements, eligibility, and processing time. Please include CITCM DLI number in your study permit application as required by IRCC.



Faculty

Our faculty brings a wealth of expertise to CITCM, with many holding advanced degrees such as Master's or PhDs in Traditional Chinese Medicine and Acupuncture. Our instructors are highly accomplished professionals, including doctors, naturopaths, chiropractors, massage therapists, and physiotherapists, who bring a diverse range of healthcare perspectives.



Dr. Xia Cheng
PhD., Dr. Ac.



Dr. Lanre Salami
M.B.B.S., RMT



Dr. Jiao Huang
M.Sc., Dr. Ac.



Dr. Juan Wang
M.Sc., Dr. Ac.



Dr. Kathy Traptow
B.P.H.E, B.Ed., Dr. Ac.



Dr. Min Gao
M.Sc., Dr. Ac.



Dr. Cristiane de la Hoz
PhD., Dr. Ac.



Dr. Janice Patterson
M.Sc., Dr. Ac.



Dr. Jackie St. George-Rennie
B.M.R.(PT), Dr. Ac.



Ricky Man
Qi Gong Master



Dr. Bairu Wang
Dr. Ac.



Dr. Gayle Maguire
N.D



Dr. Punam Chohan
M.Sc., Dr. Ac.



Dr. Yuanhua Liu
Ph.D, Dr. Ac.



Dr. Louis Jin
L.Ac.



Dr. Eryn Forsyth
MSc., Dr. Ac.



Dr. Joelle Scott
Dr. Ac.



Dr. Min Shi
Dr. Ac.



Dr. Skye Teng
B.Eng, Dr. Ac.



Dr. Amber Bridges
RMT, Dr. Ac.



Fraser Dobson
B.A, RMT



Chad Friel
RMT



David Genert
RMT



Alejandro Chirinos
B.A

Administration

Executive Director and Dean of Academics

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Email: admission@citcm.com

Dean of Student Services

Dr. Kathy Traptow, BPHE, B.Ed, R.Ac
Email: kathy.traptow@citcm.com

Clinic TA Coordinator

Dr. Mariah da Silveira
Email: clinipta@citcm.com

Office Administration

Email: admin@citcm.com

General Inquiries

Email: info@citcm.com

Advisory Board

CITCM has an advisory board composed of faculty, staff and interested members of the public.

The Board members are committed to the College's philosophies, goals and help to oversee the College's operations.

The advisory board members serve voluntarily and are an important part of the College's mission.

- Dr. Lanre Salami, MBBS, RMT
- Dr. Craig Young, B.Sc., DDS, C.M.Ac., Dentist
- Dr. Neetash Patel, B.Sc., D.C., Chiropractor
- Dr. Gayle Maguire, B.Sc., ND

CITCM Acupuncture & Massage Intern Clinic

is a partner with BodyMind Synergy Health Centre.

The CITCM Intern clinic offers the unique opportunity for advanced students to practice Acupuncture, Traditional Chinese Medicine, and WE Integrated Massage Therapy. The Interns are supervised by experienced Doctors of Acupuncture and TCM or Registered Massage Therapist. Our interns also have the opportunities to observe at the BodyMind Synergy Health Centre, a professional clinic with Doctors of Acupuncture & TCM, at offsite/other approved Acupuncture/TCM clinics.

Services:

Acupuncture Treatments

Herbal Consultation & Prescription

Cupping

Guasha

Moxibustion

Relaxation Massage

Therapeutic Massage

Thai Massage

Tui Na Massage

Orthopedic Assessment & Treatment

**Integrated Massage: full body massage plus cupping/gua sha/face massage/TMJ
Massage/reflexology/scalp massage.**

Call for hours and more information

403.520.5258

Or book online: <https://citcm.janeapp.com/> or scan the QR Code.



Frequently Asked Questions

What should I know about the massage industry?

Massage therapy is rapidly growing profession. Skilled massage therapists are in high demand. Healthy lifestyles are becoming the societal norm and the interest in natural health care is developing in a similar fashion. Massage therapy is a component of this shift to wellness. People are seeking ways to eliminate pain and stress from their lives, speed up recovery from injuries, or even increase their flexibility.

You should expect to see 4 to 6 patients a day and often you will have the opportunity to schedule your appointments around your availability. Many massage therapists come from other career paths such as business, engineering, or Western health care to move away from the stress or travelling of one job to a career in massage with the emphasizes of balance and peace.

What certification will I have on completion of the program?

The WE Integrated Orthopedic Massage Program is accredited by [National Health Practitioners of Canada \(NHPC\)](#) and [Canadian Massage and Manual Osteopathic Therapists Association \(CMMOTA\)](#). Graduates of the 1113 Hour (one year) and 2200 Hour (two years) WE Integrated Orthopedic Massage programs can register under the discipline of massage therapist.

Where do Massage Therapists work?

Massage therapists work in many different environments, including:

- Massage clinics, including their own
- Multi-disciplinary health care facilities, such as chiropractic or acupuncture clinics;
- Sports clubs, spas, resorts, gyms, and hotels;
- Industrial or corporate work sites;
- Sports therapy centres;
- Cruise ships.

What type of income can I expect to make as a Massage Therapist?

As a massage professional you can expect to earn between \$80 and \$110 per hour, while working in a positive, low stress environment where you can set your own schedule/hours.

CITCM started as an Acupuncture school, will I learn Acupuncture too?

No. Acupuncture is a regulated profession and at CITCM this program is four years in length. Following the Western and Eastern integrated philosophy there are other courses that are directly related to Acupuncture and TCM theory but have been modified to facilitate application into a massage theory and treatment protocol. This was done to offer students who are focused on learning and practicing massage to still have the benefits of the Eastern healing theories without the extensive and in depth studying of TCM. Please see the CITCM Registrar for further details.

For those students who would like to study massage, acupuncture, and traditional Chinese medicine they are encouraged to enroll in the Double Major Plus program. This allows a student to graduate with three diplomas:

- Acupuncture
- Traditional Chinese Medicine
- WE Integrated Orthopedic Massage

Please see the CITCM Admission for further details on enrolling in this program.

Register Today

Call 403.520.5258

Contact CITCM Admission Team

Email admission@citcm.com or Phone: 403.520.5258

Visit us at: www.citcm.com

For general questions, email us at: info@citcm.com

Application forms are available online or scan the QR code below.

Call us to book for in-person info session & tour!

CITCM

Two Executive Place, 300-1824 Crowchild Trail NW
Calgary AB T2M 3Y7



**FEEL
ESSENTIAL**



**FOLLOW
YOUR PATH**



**ENRICH
YOUR LIFE**

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